Nutrition Courses (NUTR)

Courses

**NUTR 1030 (310:030). Basic Nutrition — 2 hrs.**
Study of nutrition in relation to growth development and maintenance of the body. No credit for NUTR 1030 (310:030) if credit previously earned in 310:032 Fundamentals of Nutrition. (Variable)

**NUTR 1031 (310:031). Nutrition for Early Childhood Education — 2 hrs.**
Study of the role of nutrition in the growth and development of young children, and the effect of nutrition on learning processes. Focus on nutritional needs of young children as well as the incorporation of nutrition education into the curriculum in early childhood education. (Variable)