

Outdoor Education and Leadership Minor

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The Outdoor Education and Leadership minor is tailored for students who want to guide and inspire others through meaningful outdoor experiences. This program equips students with practical skills in outdoor recreation, interpretation, and experiential education, preparing them to lead adventures, teach in nature-based settings, and connect people to the outdoors through hands-on learning. Opportunities within this minor include activities such as rock climbing, canoeing, adventure facilitation, peer-led excursions, community programs, and youth outreach. Students with an interest in interpretation and environmental education will also be prepared for roles in nature centers, visitor centers, and state or national parks. These roles may involve leading guided hikes and designing programs that engage diverse audiences with local ecosystems and conservation efforts. This minor complements a wide range of majors by offering an applied learning environment where students develop key skills such as leadership, teamwork, communication, risk management, and sound decision-making.

Required

RTNL 2140	Foundations of Outdoor Recreation	3
RTNL 2160	Inclusive Recreation: Pathways to Participation	3
RTNL 4553/5553	Principles and Practice of Adventure Programming	3
Choose 9 credits of the following		9
RTNL 1A03	Backpacking	
RTNL 1A39	Canoeing	
RTNL 1A66	Skin and Scuba	
RTNL 1A70	Rock Climbing	
RTNL 1B19	Winter Skills	
RTNL 1B21	Bike Conditioning	
MIL SCI 1095	Military Survival Skills	
KINES 2020	First Aid and CPR	
RTNL 4552/5552	Outdoor Education and Leadership	
RTNL 4557	Field Experience in Adventure Facilitation *	
RTNL 4290/5290	Recreation, Tourism and Nonprofit Leadership Field Experience	
RTNL 4556/5556	Outdoor Recreation History Ethics and Emerging Trends	
EARTHSCI 1100	Astronomy	
EARTHSCI 1300	Introduction to Geology	
EARTHSCI 1400	Introduction to Environmental Earth Science	
BIOL 3109/5109	Plants of North America *	

EDPSYCH 3300	Level Up: Gamified Learning Environments
AT 1018	Prevention and Care of Athletic Injuries *
AT 1019	Prevention and Care Laboratory *
Total Hours	18

* RTNL 4557 has a prerequisite of RTNL 2140; RTNL 4552/5552; junior standing; instructor consent.
 BIOL 3109/5109 has a prerequisite of BIOL 2051; junior standing.
 AT 1018 has a prerequisite of KINES 2050 or AT 3020.
 AT 1019 has a corequisite of AT 1018.

Related Programs

- Recreation, Tourism, and Nonprofit Leadership B.A.