

Social and Emotional Learning Minor

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The Social & Emotional Learning Minor is composed of 21-24 credits of course work and 3 workshops which are embedded into the ELEMECML 3186 seminar. The goal of the minor program is to support elementary and secondary educators becoming leaders in their schools and communities in the area of Social & Emotional Learning (SEL). Early Childhood majors should work with a CATS advisor if interested in this minor. Students who complete this minor will have a deeper understanding of how to create safe spaces for all students, promote empathy, engage in and teach well-being practices, support student self-awareness, and facilitate shared decision-making.

Elementary Education Majors:

Required:		
ELEMECML 3120	Classroom Management K-8	3
ELEMECML 4125/5125	Methods of Teaching Health, Fitness, Visual and Performing Arts Integration in Elementary Classroom	3
ELEMECML 4150	Elementary Curriculum	3
EDPSYCH 2030	Dynamics of Human Development	3
or EDPSYCH 2068	Development and Learning in Sociocultural Contexts	
or PSYCH 2202	Developmental Psychology	
TEACHING 4170/5170	Human Relations: Awareness and Application	3
or TEACHING 3177	Collaborative Partnerships for Educators	
SPIE 3150	Meeting the Needs of Diverse Learners in Classrooms	3
ELEMECML 3186: The Science & Practice of Well-Being: Mindfulness, Compassion, & Joy for Teachers		3
Elective (select one of the following):		3
SOC 1000	Introduction to Sociology	
FAM SERV 1010	Human Identity and Relationships	
EDPSYCH 4118/5118	Mental Health and Well-Being in the Classroom	
EDPSYCH 4157/5157	Interpersonal Forgiveness	
EDPSYCH 4232/5232	Risk and Resilience: Child, Family, School and Community Factors	
PSYCH 2203	Social Psychology *	
PHIL 3360	Character, Wisdom, and Mind: Philosophical Perspectives	
SOC 2075	The Self in Social Context *	
SW 3143	Self-Care and Stress Management in Helping Professions	

SPIE 4161/5161	Constructions of Behavior and Humanistic Supports *	
Total Hours		24
Secondary Education Majors:		
Required:		
EDPSYCH 2030	Dynamics of Human Development	3
or EDPSYCH 2068	Development and Learning in Sociocultural Contexts	
or PSYCH 2202	Developmental Psychology	
TEACHING 4170/5170	Human Relations: Awareness and Application	3
or TEACHING 3177	Collaborative Partnerships for Educators	
SPIE 3150	Meeting the Needs of Diverse Learners in Classrooms	3
ELEMECML 3186: The Science & Practice of Well-Being: Mindfulness, Compassion, & Joy for Teachers		3
Electives (select three of the following):		9
SOC 1000	Introduction to Sociology	
FAM SERV 1010	Human Identity and Relationships	
EDPSYCH 4118/5118	Mental Health and Well-Being in the Classroom	
EDPSYCH 4157/5157	Interpersonal Forgiveness	
EDPSYCH 4232/5232	Risk and Resilience: Child, Family, School and Community Factors	
PSYCH 2203	Social Psychology *	
PHIL 3360	Character, Wisdom, and Mind: Philosophical Perspectives	
SOC 2075	The Self in Social Context *	
SW 3143	Self-Care and Stress Management in Helping Professions	
SPIE 4161/5161	Constructions of Behavior and Humanistic Supports *	
Total Hours		21

* The following courses have prerequisites:
 PSYCH 2203 has a prerequisite of PSYCH 1001.
 SOC 2075 has a prerequisite of SOC 1000 or SOC 1060.
 SPIE 4161/5161 has a prerequisite of SPIE 3150 and a corequisite of SPIE 4162/5162 and SPIE 4163/5163 and a prerequisite or corequisite of SPIE 4150/5150.

Related Programs

- Elementary Education - Teaching B.A.