School of Applied Human Sciences

(Office of Social and Behavioral Sciences)

www.uni.edu/sahs

The School of Applied Human Sciences offers the following undergraduate programs. Specific requirements for these programs are listed within this School of Applied Human Sciences section in the following order:

Undergraduate Majors (B.A.)

- Family Services (p. 1)
- Gerontology (p. 2) (also listed under Interdisciplinary section)
  - Long Term Care
  - Social Sciences
- Interior Design (p. 4)
- Textile and Apparel (p. 5)

Minors

- Family Studies (p. 5)
- Gerontology (p. 6) (also listed under Interdisciplinary section)
- Textile and Apparel (p. 7)

Graduate Major (M.A.)

- Counseling (p. 7)
  - Clinical Mental Health Counseling (p. 7)
  - School Counseling (p. 7)

Bachelor of Arts Degree Programs

Family Services Major

The Family Services major requires a minimum of 120 total hours to graduate. This total includes Liberal Arts Core requirements and the following specified major requirements, plus electives to complete the minimum of 120 hours.

Required

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>FAM SERV 1010</td>
<td>Human Identity and Relationships</td>
</tr>
<tr>
<td>FAM SERV 1020</td>
<td>Family Relationships</td>
</tr>
<tr>
<td>FAM SERV 1030</td>
<td>Research Methods in Family Science</td>
</tr>
<tr>
<td>FAM SERV 1055</td>
<td>Human Growth and Development</td>
</tr>
<tr>
<td>FAM SERV 1057</td>
<td>Human Relationships and Sexuality</td>
</tr>
<tr>
<td>FAM SERV 2060</td>
<td>Strategies and Issues in Family Services</td>
</tr>
<tr>
<td>FAM SERV 4178</td>
<td>Family Life Education</td>
</tr>
</tbody>
</table>

Choose course(s) from each of the following groups:

Group 1: Families in Context
Select one of the following:

- Family Studies:
  - FAM SERV 2077 Management of Family Resources
  - FAM SERV 3162/Soc Issues in Family Policy
  - FAM SERV 3175/Soc Family Financial Counseling and Literacy
  - FAM SERV 3176/Soc Consumer Behavior Across the Lifespan

American Politics:
- POL AMER 4142/Soc Problems in Juvenile and Family Law

Group 2: Relationship Dynamics
Select two of the following:

- Family Studies:
  - FAM SERV 2054 Interpersonal Relationship Dynamics
  - FAM SERV 2111 Families and End of Life Issues
  - FAM SERV 3145/Soc Violence in Intimate Relationships
  - FAM SERV 3150/Soc Families and Aging
  - FAM SERV 4153/Soc Family Relationships in Crisis

Group 3: Professional Applications
Select two of the following:

- Family Studies:
  - FAM SERV 3155/Soc Parenting
  - FAM SERV 3160/Soc Family Assessment and Intervention
  - FAM SERV 3161/Soc Families, Alzheimer's and Related Dementias

COMM 4021/5021 Quantitative Research Methods
or SOC 2010 Research Methods
(48C:180g)
(980:108)

FAM SERV 1055 Human Growth and Development
or another developmental course or PSYCH 2202
(31F:055)
(400:120)

FAM SERV 1057 Human Relationships and Sexuality
(31F:057)

FAM SERV 2060 Strategies and Issues in Family Services
(31F:060)

FAM SERV 4178 Family Life Education
(31F:178)

Choose course(s) from each of the following groups:

Group 1: Families in Context
Select one of the following:

- Family Studies:
  - FAM SERV 2077 Management of Family Resources
  - FAM SERV 3162/Soc Issues in Family Policy
  - FAM SERV 3175/Soc Family Financial Counseling and Literacy
  - FAM SERV 3176/Soc Consumer Behavior Across the Lifespan

American Politics:
- POL AMER 4142/Soc Problems in Juvenile and Family Law

Group 2: Relationship Dynamics
Select two of the following:

- Family Studies:
  - FAM SERV 2054 Interpersonal Relationship Dynamics
  - FAM SERV 2111 Families and End of Life Issues
  - FAM SERV 3145/Soc Violence in Intimate Relationships
  - FAM SERV 3150/Soc Families and Aging
  - FAM SERV 4153/Soc Family Relationships in Crisis

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Select two of the following:

- Family Studies:
  - FAM SERV 3155/Soc Parenting
  - FAM SERV 3160/Soc Family Assessment and Intervention
  - FAM SERV 3161/Soc Families, Alzheimer's and Related Dementias

COMM 4021/5021 Quantitative Research Methods
or SOC 2010 Research Methods
(48C:180g)
(980:108)
Gerontology Major

The Gerontology major requires a minimum of 120 total hours to graduate. This total includes Liberal Arts Core requirements and the following specified major requirements, plus electives to complete the minimum of 120 hours. Liberal Arts Core courses included in major program requirements are distinguished by italics.

It is suggested students take PSYCH 1001 (400:001), SW 1041 (450:041), and SOC 1000 (980:001) as their Social Sciences area Liberal Arts Core, as these are prerequisites for several of the required courses in this major.

This interdisciplinary program is offered jointly by the College of Social and Behavioral Sciences, the College of Business, the College of Education, and the College of Humanities, Arts and Sciences. It is administered through the School of Applied Human Sciences and under the supervision of the Gerontology Advisory Committee.

Social Sciences Track

Required

<table>
<thead>
<tr>
<th>Gerontology core:</th>
<th>15</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Social Sciences</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Psychology:</strong></td>
<td></td>
</tr>
<tr>
<td>PSYCH 1001 (400:001)</td>
<td>Introduction to Psychology</td>
</tr>
<tr>
<td>PSYCH 3204/5204 (400:173g)</td>
<td>Psychology of Aging</td>
</tr>
<tr>
<td><strong>Sociology:</strong></td>
<td></td>
</tr>
<tr>
<td>SOC 1000 (980:001)</td>
<td>Introduction to Sociology</td>
</tr>
<tr>
<td>SOC 3035/5035 (980:125g)</td>
<td>Social Gerontology</td>
</tr>
</tbody>
</table>

Research Methods

Choose one of the following research methods courses:

<table>
<thead>
<tr>
<th>School of Applied Human Sciences:</th>
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</thead>
<tbody>
<tr>
<td>FAM SERV 1030 (31F:030)</td>
</tr>
<tr>
<td><strong>Leisure, Youth and Human Services:</strong></td>
</tr>
<tr>
<td>LYHS 4330/5330</td>
</tr>
</tbody>
</table>

Psychology:

| PSYCH 3002 (400:101) | Research Methods |

Sociology:

| SOC 2010 (980:108) | Research Methods |

Families and Aging

Choose one of the following Families and Aging courses:

<table>
<thead>
<tr>
<th>School of Applied Human Sciences:</th>
</tr>
</thead>
<tbody>
<tr>
<td>FAM SERV 2077 (31F:077)</td>
</tr>
<tr>
<td>FAM SERV 3161/5161 (31F:162g)</td>
</tr>
<tr>
<td>FAM SERV 3162/5161 (31F:162g)</td>
</tr>
</tbody>
</table>

A minimum of 2.40 cumulative grade point average (GPA) and School of Applied Human Sciences (SAHS) approval is required for declaration of this major. Students must maintain at least a cumulative 2.40 GPA and have SAHS approval in order to register for FAM SERV 4190 (31F:190) Professional Practice in Family Services, FAM SERV 4195 (31F:195) Internship in Family Services, and to graduate. Students must achieve a minimum of C (2.00 grade point) in all courses required for the major, including all prerequisites.
GERO 3161/5161 Families, Alzheimer's and Related Dementias
or FAM SERV 3161 Families, Alzheimer's and Related Dementias

Development courses: 3
Choose one of the following Development courses:
- School of Applied Human Sciences:
  - FAM SERV 1055 Human Growth and Development
- Psychology:
  - PSYCH 2202 Developmental Psychology

Ethics courses: 3
Choose one of the following Ethics courses:
- GER 2111 Families and End of Life Issues
- RELS/PHIL 3510/CAP 3173 Bio-Medical Ethics
- RELS/PHIL 3110/CAP 3194 Perspectives on Death and Dying

Communication Studies
COMM 4236 Ethics in Communication
(481:128)

Gerontology elective courses: 9
Choose three of the following Gerontology courses:
- Social Work:
  - SW 4173/5173 Social Services for Older Adults *
- Anthropology:
  - ANTH 3012/5012 Culture, Disease, and Healing *
  - ANTH 3020/5020 Human Biological Variation *
- World Religions/Philosophy:
  - RELS/PHIL 3110/CAP 3194 Perspectives on Death and Dying
  - RELS/PHIL 3100/CAP 3173 Bio-Medical Ethics
- Health Promotion and Education:
  - HPE 4353/5353 Public Health Theory
- Communication Sciences and Disorders:
  - CSD 1000 (51C:006) Understanding Communication Disorders
- School of Applied Human Sciences:
  - INTDSGN 3129 Interior Design Standards (31I:129)
  - COMM 4116/5116 Health Communication (481:138g)

Gerontology: 9
- GER 4170/5170 Long Term Care Administration *
- GER 4184/5184 Topics in Gerontology *(31G:184g)
- GER 4198 Independent Study in Gerontology *(31G:198)

Internship 4
Senior Seminar, Gerontology:
- GER 4193 Internship Seminar (1 hr.) *(31G:193)
- GER 4195 Internship in Gerontology *(31G:195)
  - (Social Sciences track section - 3 hrs.)

Total Hours 40-41
* Courses may be used to meet requirements in either Gerontology Core or Curriculum Cluster, but not both.
^ These courses have additional prerequisites as follows:
  - LYHS 4330/5330 has a prerequisite of LYHS 3120.
  - FAM SERV 3162/5162 has a prerequisite of FAM SERV 1020 with a minimum grade of C in all prerequisite courses.
  - SW 4173/5173 (450:173g) has a prerequisite of SW 1041 (450:041).
  - ANTH 3012/5012 has a prerequisite of SOC 1000 (980:001) or ANTH 1002 (990:011).
  - GER 4170/5170 has the following prerequisite: 2 of the following 4 courses -
  - FAM SERV 1020/3162 (31F:162g), PSYCH 3204/5204 (400:173g), HPE 4125/5125 (410:125g), SOC 3035/5035 (980:125g).

Long Term Care Track

Required

Business courses 12
Select at least one of the following from business group 1:
- Accounting:
  - ACCT 2120 Principles of Financial Accounting (120:030)
  - ACCT 2130 Principles of Managerial Accounting (120:031)
- Management:
  - MGMT 3100 Legal and Social Environment of Business (150:100)
  - MGMT 3101 Business Law (150:101)
  - MGMT 3905/5905 Employment and Labor Law *(150:105g)
  - MGMT 3153 Organizational Management (150:153)
  - MGMT 3966/5966 Staffing and Employee Development *(150:166g)

Gerontology core 9
School of Applied Human Sciences

Select three of the following from Gerontology core

School of Applied Human Sciences:
- FAM SERV 3150/5150 Families and Aging
  (31F:150g)
- GERO 3161/5161 Families, Alzheimer’s and Related Dementias
  or FAM SERV 3161/5161 Families, Alzheimer’s and Related Dementias

Psychology:
- PSYCH 3204/5204 Psychology of Aging
  (400:173g)

Sociology:
- SOC 3035/5035 Social Gerontology

Required Health Care Administration 5

School of Applied Human Sciences:
- GERO 4170/5170 Long Term Care Administration

Health Promotion and Education:
- HPE 2160 (410:060) Medical Terminology

Health Care Administration electives (minimum 7 hours): 7

- GERO 2111 Families and End of Life Issues
  or FAM SERV 2111 Families and End of Life Issues

Social Work:
- SW 4173/5173 Social Services for Older Adults
  (450:173g)

Health Promotion and Education:
- HPE 1101 (410:005) Introduction to Public Health
- HPE 4164 (410:164g) Health Care and the Consumer
- HPE 4353/5353 (410:153g) Public Health Theory

Communication Studies:
- COMM 4116/5116 Health Communication
  (48C:138g)

Internship 10-12

Students complete the seminar and internship:

Senior Seminar School of Applied Human Sciences:
- GERO 4193 (31G:193) Internship Seminar

Internship School of Applied Human Sciences:
- GERO 4195 (31G:195) Internship in Gerontology
  (Long Term Care track section)

Total hours 43-45

^ These courses have additional prerequisites as follows:
  - MGMT 3905/5905 (150:105g) has a prerequisite of MGMT 3100 (150:100) or MGMT 3101 (150:101).
  - MGMT 3966/5966 (150:166g) has prerequisites of MGMT 3153 (150:153) and MGMT 3155.
  - FAM SERV 3150/5150 (31F:150g) has prerequisites of FAM SERV 1020 (31F:020), FAM SERV 1055 (31F:055)
    or PSYCH 2202 (400:120); a minimum grade of C in all prerequisite courses.
  - PSYCH 3204/5204 (400:173g) has a prerequisite of PSYCH 1001 (400:001).
  - SOC 3035/5035 (980:125g) has a prerequisite of SOC 1000 (980:001).
  - GERO 4170/5170 (31G:170g) has the following prerequisite: 2 of the following 4 courses - FAM SERV 3150/5150 (31F:150g), PSYCH 3204/5204 (400:173g), HPE 4125/5125 (410:125g),
    or SOC 3035/5035 (980:125g).
  - SW 4173/5173 (450:173g) has a prerequisite of SW 1041 (450:041).

^^ Students choosing to take the State of Iowa licensing exam may need to complete up to 10 credit hours of internship, for a total of 43 hours for the Long Term Care track.

Note: NHA Iowa requirements - 12 hours health care administration, 6 hours gerontology, 10 hours business plus internship.

Interior Design Major

The Interior Design major requires a minimum of 120 total hours to graduate. This total includes Liberal Arts Core requirements and the following specified major requirements, plus electives to complete the minimum of 120 hours.

Admission to the University of Northern Iowa with an intended Interior Design major does not guarantee placement in the major due to the limited number of spaces available in the studio facilities.

Students majoring in Interior Design must satisfy the admission requirements including GPA, portfolio review/interview and the completion of specified courses before they can officially declare the major. A copy of the Admission Policy may be obtained from the School of Applied Human Sciences in Latham Hall. Prior to completion of the admission requirements, students may sign an intent to major in Interior Design and be classified as a (pre)major.

Required

School of Applied Human Sciences:
- INTDSGN 1001 (31I:065) Introduction to Interior Design
- INTDSGN 1061 (31I:061) Design Foundations
- INTDSGN 1063 (31I:063) Drafting for Interiors
- INTDSGN 1065 (31I:065) Design Visualization and Communication
- INTDSGN 1067 (31I:067) History of Interiors
- INTDSGN 2063 (31I:064) Computer Applications for Interior Design I
- INTDSGN 2065 (31I:064) Space Planning and the Human Experience
TEXTDSGN 1000  Fashion Culture and Industry  3
TEXTDSGN 1002  Textile Science  3
TEXTDSGN 1003  Creative Textile and Apparel Design Foundations  3
TEXTDSGN 2004  History of Costume  3
TEXTDSGN 2006  Computer Textile and Apparel Design Foundations  3
TEXTDSGN 2007  Apparel Design and Evaluation  3
TEXTDSGN 3008  Computer Applications for the Textile and Apparel Industry  3
TEXTDSGN 3009  Textile Structures  3
TEXTDSGN 3010  Quality Assurance for Textile Materials  3
TEXTDSGN 3011  Fashion Trend Analysis  3
TEXTDSGN 3012  Fashion Design: Flat Pattern and Draping  3
TEXTDSGN 3013  Professional Development: Textile and Apparel  2

Total Hours  60

**Minors**

**Family Studies Minor**

**Required**

Family Studies:

FAM SERV 1020  Family Relationships  3
FAM SERV 1055  or PSYCH 2202  3
FAM SERV 1057  3
FAM SERV 1030  3

Or 3 hours of social science research methods such as:

PSYCH 3002  3
SW 3185  3
COMM COR 2020  3

Total Hours  60
School of Applied Human Sciences

COMM 4021/5021 Quantitative Research Methods or SOC 2010 Research Methods

Psychology:
PSYCH 1001 (400:001) Introduction to Psychology

Select three electives from the following:

Family Studies:
FAM SERV 1010 Human Identity and Relationships
FAM SERV 2054 Interpersonal Relationship Dynamics
FAM SERV 2077 Management of Family Resources
FAM SERV 2111 Families and End of Life Issues
or GERO 2111 Families and End of Life Issues
FAM SERV 3145/5145 Violence in Intimate Relationships
FAM SERV 3150/5150 Families and Aging
FAM SERV 3155/5155 Parenting
FAM SERV 3160/5160 Family Assessment and Intervention
FAM SERV/GERO 3161 Families, Alzheimer’s and Related Dementias
FAM SERV 3162/5162 Issues in Family Policy
FAM SERV 3175/5175 Family Financial Counseling and Literacy
FAM SERV 3176/5176 Consumer Behavior Across the Lifespan
FAM SERV 4153/5153 Family Relationships in Crisis
FAM SERV 4157/5157 Human Sexuality Education
FAM SERV 4184/5184 Topics in Family Services
FAM SERV 4198 Independent Study in Family Services

Psychology:
PSYCH 3204/5204 Psychology of Aging

Health Promotion and Education:

Sociology:

Total Hours 24

Gerontology Minor

Required:
PSYCH 1001 (400:001) Introduction to Psychology

Gerontology core: select two of the following:

School of Applied Human Sciences:
FAM SERV 3150/5150 Families and Aging
FAM SERV 3155/5155 Parenting
FAM SERV 3160/5160 Family Assessment and Intervention
FAM SERV/GERO 3161 Families, Alzheimer’s and Related Dementias
FAM SERV 3162/5162 Issues in Family Policy

Psychology:
PSYCH 2202 Developmental Psychology

Health Promotion and Education:
HPE 4353/5353 Public Health Theory

School of Applied Human Sciences:
GERO 2111 Families and End of Life Issues
or FAM SERV 2111 Families and End of Life Issues

Total Hours 21

Families and Aging core: select one of the following

School of Applied Human Sciences:
FAM SERV 2077 Management of Family Resources
FAM SERV 3162/5162 Issues in Family Policy
GERO 3161/5161 Families, Alzheimer’s and Related Dementias
or FAM SERV 3161/Families, Alzheimer’s and Related Dementias

Development core: select one of the following

School of Applied Human Sciences:
FAM SERV 1055 Human Growth and Development

Psychology:
PSYCH 2202 Developmental Psychology

Electives in Gerontology: select two of the following

Communication Sciences and Disorders:
CSD 1000 (51C:006) Understanding Communication Disorders

Communication Studies:
COMM 4116/5116 Health Communication

Health Promotion and Education:
HPE 4353/5353 Public Health Theory

School of Applied Human Sciences:
GERO 2111 Families and End of Life Issues
or FAM SERV 2111 Families and End of Life Issues

Total Hours 21

Anthropology:
ANTH 3102/5102 Culture, Disease, and Healing
ANTH 3202/5202 Human Biological Variation

World Religions/Philosophy:
RELS/PHIL 3510/CAP 3173 (CAP:173)
RELS/PHIL 3110/CAP 3194 (CAP:194)

Total Hours 21
These courses have additional prerequisites as follows:

FAM SERV 3150/5150 (31F:150g) has prerequisites of FAM SERV 1020 (31F:020); FAM SERV 1055 (31F:055); PSYCH 2202 (400:120); and junior standing.

PSYCH 3204/5204 (400:173g) has prerequisites of PSYCH 1001 (400:001); junior standing. PSYCH 1001 (400:001) may be used to satisfy Category 5B of the Liberal Arts Core.

SOC 3035/5035 (980:125g) has prerequisite of SOC 1000 (980:001). SOC 1000 (980:001) may be used to satisfy Category 5A of the Liberal Arts Core.

FAM SERV 3162/5162 (31F:162g) has prerequisite of FAM SERV 1020 (31F:020); a minimum grade of C in all prerequisite courses, and junior standing.

FAM SERV 1055 (31F:055) has prerequisite of PSYCH 1001 (400:001). PSYCH 1001 (400:001) may be used to satisfy Category 5B of the Liberal Arts Core.

PSYCH 2202 (400:120) has prerequisite of PSYCH 1001 (400:001). PSYCH 1001 (400:001) may be used to satisfy Category 5B of the Liberal Arts Core.

GERO 4170/5170 (31G:170g) has the following prerequisite: 2 of the following 4 courses - FAM SERV 3150/5150 (31F:150g), PSYCH 3204/5204 (400:173g), HPE 4125/5125 (410:125g), SOC 3035/5035 (980:125g).

SW 4173/5173 (450:173g) has prerequisite of SW 1041 (450:041). SW 1041 (450:041) may be used to satisfy Category 5C of the Liberal Arts Core.

ANTH 3102/5102 (990:168g) has prerequisite of ANTH 1001 (990:010) and junior standing. ANTH 1001 (990:010) may be used to satisfy Category 4A of the Liberal Arts Core.

ANTH 3102/5102 (990:168g) has prerequisite of ANTH 1002 (990:011) or SOC 1000 (980:001) and junior standing.

**Textile and Apparel Minor**

This minor is offered by the Textile and Apparel program housed in the School of Applied Human Sciences.

**Required**

Textile and Apparel:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>TEXDSGN 1000</td>
<td>Fashion Culture and Industry</td>
<td>3</td>
</tr>
<tr>
<td>TEXDSGN 1002</td>
<td>Textile Science</td>
<td>3</td>
</tr>
<tr>
<td>TEXDSGN 1003</td>
<td>Creative Textile and Apparel Design Foundations</td>
<td>3</td>
</tr>
<tr>
<td>TEXDSGN 2007</td>
<td>Apparel Design and Evaluation</td>
<td>3</td>
</tr>
</tbody>
</table>

**Electives from the following:**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
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</thead>
<tbody>
<tr>
<td>TEXDSGN 2004</td>
<td>History of Costume</td>
</tr>
<tr>
<td></td>
<td>(31T:116)</td>
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<tr>
<td>TEXDSGN 2005</td>
<td>Fashion Promotion</td>
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<tr>
<td></td>
<td>(31T:121)</td>
</tr>
<tr>
<td>TEXDSGN 2006</td>
<td>Computer Textile and Apparel Design Foundations</td>
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<tr>
<td></td>
<td>(31T:011)</td>
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<tr>
<td>TEXDSGN 3009</td>
<td>Textile Structures</td>
</tr>
<tr>
<td></td>
<td>(31T:123)</td>
</tr>
</tbody>
</table>

**Master of Arts Degree Program Major in Counseling**

The Counseling major is offered with two emphasis areas; Clinical Mental health Counseling and School Counseling. Program requirements and detailed information on the major, including admission policies and procedures, should be obtained from the School of Applied Human Sciences. Graduate information and application for graduate admission can be found at www.grad.uni.edu/admission (also www.uni.edu/csbs/sahs/counseling).

The Graduate Record Examination (General Test) is **not** required for admission to the program.

Only graduate courses (course numbers 5000 or above) will apply to a graduate degree, even if the undergraduate course number (4999 or less) is listed. No exceptions will be made.

This major is available on the **thesis** and **non-thesis** options. The Clinical Mental Health emphasis requires a **minimum of 60 semester hours** for the **non-thesis option**; the School Counseling emphasis requires a **minimum of 60 semester hours** for the **non-thesis option**. Students who do not have teacher licensure must take SPED 3150 (220:150) Meeting the Needs of Diverse Learners in Classrooms to meet Board of Educational Examiners requirements for licensure.

The **thesis option** requires an additional 6 hours of COUN 6299 (290:299) Research for either emphasis. A **minimum of 20 hours of 200/600-level course work is required**.

All students completing this program must pass the Counselor Preparation Comprehensive Examination (CPCE). Pass scores on the CPCE national examination are based each semester on test results for the national normative data. This examination is based on the 8 CACREP core curriculum areas for counselor preparation. Students are also required to write an essay and pass this component as well. Non-thesis students must successfully complete the final paper and fulfill program-specific exit requirements. The thesis option requires a completed thesis and successful oral defense of the research, in addition to passing the CPCE and meeting program-specific exit requirements.

**Required core courses**

Counseling:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>COUN 4103/5103</td>
<td>Professional Orientation and Ethics in Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 4105/5105</td>
<td>Counseling Skills</td>
<td>3</td>
</tr>
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</table>

Total Hours 18

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### School of Applied Human Sciences

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>COUN 6104</td>
<td>Counseling Theories</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6220 (290:220)</td>
<td>Group Counseling Skills and Processes</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6225 (290:225)</td>
<td>Facilitating Career Development</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6228 (290:228)</td>
<td>Assessment Techniques in Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6254 (290:254)</td>
<td>Counseling Children and Adolescents</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6256 (290:256)</td>
<td>Multicultural Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6262 (290:262)</td>
<td>Intervention and Prevention in Lifespan Development</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6304</td>
<td>Crisis and Trauma Intervention and Management</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6503</td>
<td>Wellness, Self-Care, and Brain-Based Strategies</td>
<td>3</td>
</tr>
<tr>
<td>MEASRES 6205 (250:205)</td>
<td>Educational Research</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td><strong>Total core hours</strong></td>
<td><strong>36</strong></td>
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One of the following emphases:

### Clinical Mental Health Counseling Emphasis (24 hours):

#### Required emphasis hours:

**Counseling:**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>COUN 6207</td>
<td>Diagnosis and Psychopharmacology in Mental Health Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6290 (290:290)</td>
<td>Practicum in Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6405</td>
<td>Advanced Psychopathology and Treatment</td>
<td>3</td>
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<tr>
<td>COUN 6505</td>
<td>Dynamics of Family, Couples and Human Sexuality in Counseling</td>
<td>3</td>
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<tr>
<td>COUN 6605</td>
<td>Counseling Process and Practices for Substance Abuse and Co-occurring Disorders</td>
<td>3</td>
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<tr>
<td>COUN 6805</td>
<td>Integrated Counseling Practice and Clinical Supervision</td>
<td>3</td>
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<tr>
<td>COUN 6291 (290:291)</td>
<td>Internship</td>
<td>6</td>
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<td><strong>Total hours for Counseling: Clinical Mental Health Counseling non-thesis option (CACREP required 60 credits)</strong></td>
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Additional requirement for thesis option:

<table>
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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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<tr>
<td>COUN 6299 (290:299)</td>
<td>Research</td>
<td>6</td>
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<td><strong>Total hours for Counseling: Clinical Mental Health Counseling thesis option</strong></td>
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### School Counseling Emphasis (24 hours):

#### Required emphasis courses:

<table>
<thead>
<tr>
<th>Course Code</th>
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<tr>
<td>COUN 6210 (290:210)</td>
<td>Developing Comprehensive School Counseling Programs</td>
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<tr>
<td>COUN 6290 (290:290)</td>
<td>Practicum in Counseling</td>
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<tr>
<td>COUN 6406</td>
<td>Foundations of School Counseling</td>
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