

School of Applied Human Sciences

(College of Social and Behavioral Sciences)

www.uni.edu/sahs

The School of Applied Human Sciences offers the following undergraduate programs. Specific requirements for these programs are listed within this School of Applied Human Sciences section in the following order:

Undergraduate Majors (B.A.)

- Family Services (p. 1)
- Gerontology (p. 2) (also listed under Interdisciplinary section)
 - Long Term Care
 - Social Sciences
- Interior Design (p. 3)
- Textile and Apparel (p. 3)

Minors

- Family Studies (p. 3)
- Gerontology (p. 4) (also listed under Interdisciplinary section)
- Textile and Apparel (p. 4)

Graduate Major (M.A.)

- Counseling (p. 4)
 - Clinical Mental Health Counseling (p. 4)
 - School Counseling (p. 4)

Program Certificates

- Advanced Studies Certificate in Clinical Mental Health Counseling (p. 5)

Bachelor of Arts Degree Programs

Family Services Major

The Family Services major requires a minimum of 120 total hours to graduate. This total includes UNIFI/General Education requirements and the following specified major requirements, plus electives to complete the minimum of 120 hours.

Required

Family Studies:		
FAM SERV 1020	Family Relationships	3
FAM SERV 1030	Research Methods in Family Science	3
OR 3 hours social science research methods (or other courses as approved by department):		
PSYCH 3002	Research Methods	
SW 3185	Social Work Research	
COMM COR 2020	Communication Research Methods	

COMM 4021/5021	Quantitative Research Methods	
SOC 2010	Research Methods	
FAM SERV 1055	Human Growth and Development *	3
or another developmental course or PSYCH 2202		
FAM SERV 1057	Human Relationships and Sexuality	3
FAM SERV 1140	Exploring Family Diversity in America	3
FAM SERV 2060	Strategies and Issues in Family Services	3
FAM SERV 4190	Professional Practice in Family Services	3
FAM SERV 4178	Family Life Education	3
ELECTIVES CHOOSE 2 FROM EACH GROUP		
Group 1: Family Studies		6
FAM SERV 2054	Interpersonal Relationship Dynamics	
FAM SERV 2111	Families and End of Life Issues	
FAM SERV 3150/514	Families and Aging	
FAM SERV 3162/516	Issues in Family Policy	
FAM SERV 3176/517	Consumer Behavior Across the Lifespan	
POL AMER 4142/514	Problems in Juvenile and Family Law	
Group 2: Family Skills		6
FAM SERV 2077	Management of Family Resources	
FAM SERV 3145/514	Violence in Intimate Relationships	
FAM SERV 3155/515	Parenting	
FAM SERV 3160/516	Family Assessment and Intervention	
FAM SERV 3161/516	Families, Alzheimer's and Related Dementias	
FAM SERV 4157/517	Human Sexuality Education	
Senior Experience (Choose Option A or B)		6
Option A		
FAM SERV 4195	Internship in Family Services	
Option B:		
Additional 6 credits from Groups 1 & 2		
Total Hours		42

* These courses have additional prerequisites as follows: FAM SERV 1055 has a prerequisite of PSYCH 1001 or consent of instructor. PSYCH 2202 has a prerequisite of PSYCH 1001.

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** FAM SERV 4195 has prerequisite of FAM SERV 4190.

Students must have a 2.40 GPA in order to register for FAM SERV 4195 Internship in Family Services. Students must achieve a minimum of C- (1.67 grade point) in all courses required for the major, including all prerequisites.

Gerontology Major

The Gerontology major requires a minimum of 120 total hours to graduate. This total includes UNIFI/General Education requirements and the following specified major requirements, plus electives to complete the minimum of 120 hours. UNIFI/General Education courses included in major program requirements are distinguished by *italics*.

It is suggested students take *PSYCH 1001*, *SW 1041*, and *SOC 1000* as their Human Condition Domestic and Global area of UNIFI/General Education, as these are prerequisites for several of the required courses in this major.

This interdisciplinary program is offered jointly by the College of Social and Behavioral Sciences, the College of Business, the College of Education, and the College of Humanities, Arts and Sciences. It is administered through the School of Applied Human Sciences and under the supervision of the Gerontology Advisory Committee.

Social Sciences Track

Required - all of the following:

FAM SERV 1020	Family Relationships	3
FAM SERV 3150/5150	Families and Aging	3
FAM SERV/GERO 3161	Families, Alzheimer's and Related Dementias	3
GERO 4195	Internship in Gerontology	3
PH 2630	Aging and Health	3
PSYCH 1001	Introduction to Psychology	3
PSYCH 3204/5204	Psychology of Aging	3
SOC 1000	Introduction to Sociology	3
SOC 3035/5035	Social Gerontology	3

Research Methods Course - choose one course from the following: 3-4

FAM SERV 1030	Research Methods in Family Science	
or PSYCH 3002	Research Methods	
or SOC 2010	Research Methods	
or RTNL 4330/533	Research and Evaluation in Recreation, Tourism and Nonprofit Leadership	

Development Course - choose one course from the following: 3

FAM SERV 1055	Human Growth and Development	
or PSYCH 2202	Developmental Psychology	

Gerontology Electives - choose two courses from the following: 6

COMM 4116/5116	Health Communication	
CSD 1000	Understanding Communication Disorders	

FAM SERV 3162/5162	Issues in Family Policy	
GERO 4170/5170	Long Term Care Administration	
PH 3660/5660	Public Health Theory	
RELS 3510/ CAP 3173	Bio-Medical Ethics	
FAM SERV 2111	Families and End of Life Issues	
PHIL 3110	Perspectives on Death and Dying	
FAM SERV 2060	Strategies and Issues in Family Services	
FAM SERV 4190	Professional Practice in Family Services	

Total Hours 39-40

Long Term Care Administration Track

Required - all of the following:

ACCT 2120	Principles of Financial Accounting	3
FAM SERV 3161/5161	Families, Alzheimer's and Related Dementias	3
or GERO 3161/5161	Families, Alzheimer's and Related Dementias	
GERO 4170/5170	Long Term Care Administration	3
GERO 4195	Internship in Gerontology (9 credit hours)	9
PH 2160	Medical Terminology, Short Course	2
PSYCH 1001	Introduction to Psychology	3
PSYCH 3204/5204	Psychology of Aging	3
SOC 1000	Introduction to Sociology	3
SOC 3035/5035	Social Gerontology	3

Business Electives - choose three courses from the following: 9

ACCT 2130	Principles of Managerial Accounting	
MGMT 3100	Legal and Social Environment of Business	
MGMT 3101	Business Law	
MGMT 3153	Organizational Management	
MGMT 3905/5905	Employment and Labor Law	
MGMT 3966/5966	Staffing and Employee Development	

Gerontology Electives - choose one course from the following: 3

FAM SERV 1020	Family Relationships	
FAM SERV 1055	Human Growth and Development	
FAM SERV 3150/5150	Families and Aging	
GERO/FAM SERV 2111	Families and End of Life Issues	
PH 3660/5660	Public Health Theory	

Total Hours 44

Note: NHA Iowa requirements - 12 hours health care administration, 6 hours gerontology, 10 hours business plus internship.

Interior Design Major

The Interior Design major requires a minimum of 120 total hours to graduate. This total includes UNIFI/General Education requirements and the following specified major requirements, plus electives to complete the minimum of 120 hours.

Admission to the University of Northern Iowa with an intended Interior Design major does not guarantee placement in the major due to the limited number of spaces available in the studio facilities.

Students majoring in Interior Design must satisfy the admission requirements including GPA, portfolio review/interview and the completion of specified courses before they can officially declare the major. A copy of the Admission Policy may be obtained from the School of Applied Human Sciences in Latham Hall. Prior to completion of the admission requirements, students may sign an intent to major in Interior Design and be classified as a (pre)major.

Required

School of Applied Human Sciences:		
INTDSGN 1001	Introduction to Interior Design	3
INTDSGN 1061	Design Foundations	3
INTDSGN 1063	Drafting for Interiors	3
INTDSGN 1065	Design Visualization and Communication	3
INTDSGN 1067	History of Interiors	3
INTDSGN 2063	Computer Applications for Interior Design I	3
INTDSGN 2065	Space Planning and the Human Experience	3
INTDSGN 2069	Materials and Resources for Interior Design	3
INTDSGN 3063	Computer Applications for Interior Design II	3
INTDSGN 3069	Building Systems and Lighting	3
INTDSGN 3129	Interior Design Standards	2
INTDSGN 3151	Residential Design I	3
INTDSGN 3152	Residential Design II	3
INTDSGN 3164	Professional Practice of Interior Design	3
INTDSGN 3165	Professional Preparation in Interior Design	1
INTDSGN 4151	Commercial Design I	3
INTDSGN 4152	Commercial Design II	3
INTDSGN 4153	Commercial Design III	3
INTDSGN 4161	Advanced Design I	1
INTDSGN 4162	Advanced Design II	3
INTDSGN 4195	Internship in Interior Design	4
TEXDSGN 1002	Textile Science	3
Total Hours		62

Textile and Apparel Major

The Textile and Apparel major requires a minimum of 120 total hours to graduate. This total includes UNIFI/General Education requirements

and the following specified major requirements, plus electives to complete the minimum of 120 hours.

Required

School of Applied Human Sciences:		
TEXDSGN 1000	Fashion Culture and Industry	3
TEXDSGN 1002	Textile Science	3
TEXDSGN 1003	Creative Textile and Apparel Design Foundations	3
TEXDSGN 2004	EuroAmerican Fashion Design History	3
TEXDSGN 2007	Apparel Assembly and Technical Design	3
TEXDSGN 2008	Computer Applications for the Textile and Apparel Industry	3
TEXDSGN 3009	Textile Structures & Sourcing	3
TEXDSGN 3010	Quality Assurance for Textile Materials	3
TEXDSGN 3012	Fashion Design: Flat Pattern and Draping	3
TEXDSGN 3013	Professional Development: Textile and Apparel	2
TEXDSGN 3014	Branding Strategies for the Apparel Industry	3
TEXDSGN 4016	Apparel Product Development	3
TEXDSGN 4195	Internship in Textile and Apparel	4
Select one of the following:		3
TEXDSGN 2005	Fashion Event Planning and Digital Marketing	
TEXDSGN 4184/518 Topics in Textile and Apparel		
Total Hours		42

Minors

Family Studies Minor

Required

Family Studies:		
FAM SERV 1020	Family Relationships	3
FAM SERV 1055	Human Growth and Development	3
or PSYCH 2202	Developmental Psychology	
FAM SERV 1057	Human Relationships and Sexuality	3
Social Science Research Methods (choose one of the following):		3-4
FAM SERV 1030	Research Methods in Family Science	
PSYCH 3002	Research Methods	
SW 3185	Social Work Research	
COMM COR 2020	Communication Research Methods	
COMM 4021/5021	Quantitative Research Methods	
SOC 2010	Research Methods	
Select three electives from the following:		9

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Family Studies:	
FAM SERV 1010	Human Identity and Relationships
FAM SERV 2054	Interpersonal Relationship Dynamics
FAM SERV 2077	Management of Family Resources
FAM SERV 2111	Families and End of Life Issues
or GERO 2111	Families and End of Life Issues
FAM SERV 3145/5145	Violence in Intimate Relationships
FAM SERV 3150/5150	Families and Aging
FAM SERV 3155/5155	Parenting
FAM SERV 3160/5160	Family Assessment and Intervention
FAM SERV/GERO 3161	Families, Alzheimer's and Related Dementias
FAM SERV 3162/5162	Issues in Family Policy
FAM SERV 3176/5176	Consumer Behavior Across the Lifespan
FAM SERV 4157/5157	Human Sexuality Education
FAM SERV 4184/5184	Topics in Family Services
FAM SERV 4198	Independent Study in Family Services
Total Hours	21-22

Gerontology Minor

Required (15 hrs):

FAM SERV 1055	Human Growth and Development	3
or PSYCH 2202	Developmental Psychology	
PSYCH 1001	Introduction to Psychology	3
PSYCH 3204/5204	Psychology of Aging	3
SOC 1000	Introduction to Sociology	3
SOC 3035/5035	Social Gerontology	3

Electives in Gerontology--must take 2 **6**

FAM SERV 3150/5150	Families and Aging
FAM SERV 3176/5176	Consumer Behavior Across the Lifespan
CSD 1000	Understanding Communication Disorders
GERO 2111	Families and End of Life Issues
or FAM SERV 2111	Families and End of Life Issues
GERO 4170/5170	Long Term Care Administration
GERO/FAM SERV 3161	Families, Alzheimer's and Related Dementias
SW 4173/5173	Social Services for Older Adults
PH 2630	Aging and Health
PH 3660/5660	Public Health Theory

Total Hours **21**

Textile and Apparel Minor

This minor is offered by the Textile and Apparel program housed in the School of Applied Human Sciences.

Required

Textile and Apparel:		
TEXDSGN 1000	Fashion Culture and Industry	3
Electives from the following: 15		
TEXDSGN 2007	Apparel Assembly and Technical Design	
TEXDSGN 1003	Creative Textile and Apparel Design Foundations	
TEXDSGN 1002	Textile Science	
TEXDSGN 2004	EuroAmerican Fashion Design History	
TEXDSGN 2005	Fashion Event Planning and Digital Marketing	
TEXDSGN 2008	Computer Applications for the Textile and Apparel Industry	
TEXDSGN 3009	Textile Structures & Sourcing	
TEXDSGN 3010	Quality Assurance for Textile Materials	
TEXDSGN 3012	Fashion Design: Flat Pattern and Draping	
TEXDSGN 3014	Branding Strategies for the Apparel Industry	
TEXDSGN 4016	Apparel Product Development	
TEXDSGN 4184/5184	Topics in Textile and Apparel	

Total Hours **18**

Master of Arts Degree Program Major in Counseling

The Counseling major is offered with two emphasis areas; Clinical Mental health Counseling and School Counseling. Program requirements and detailed information on the major, including admission policies and procedures, should be obtained from the School of Applied Human Sciences. Graduate information and application for graduate admission can be found at <https://admissions.uni.edu/application> (also www.uni.edu/csbs/sahs/counseling).

The Graduate Record Examination (General Test) **is not** required for admission to the program.

Only graduate courses (course numbers 5000 or above) will apply to a graduate degree, even if the undergraduate course number (4999 or less) is listed. No exceptions will be made.

This major is available on the **thesis** and **non-thesis** options. The Clinical Mental Health emphasis requires a **minimum of 60 semester hours** for the **non-thesis option**; the School Counseling emphasis requires a **minimum of 60 semester hours** for the **non-thesis option**. *Students who do not have teacher licensure must take SPED 3150 Meeting the Needs of Diverse Learners in Classrooms to meet Board of Educational Examiners requirements for licensure.* The **thesis option** requires an additional 6 hours of COUN 6299 Research for either emphasis. **A minimum of 20 hours of 6000-level course work is required.**

All students completing this program must pass the Counselor Preparation Comprehensive Examination (CPCE). Pass scores on the CPCE national examination are based each semester on test results for the national normative data. This examination is based on the 8 CACREP core curriculum areas for counselor preparation. Students are also required to write an essay and pass this component as well. Non-thesis students must successfully complete the final paper and fulfill program-specific exit requirements. The thesis option requires a completed thesis and successful oral defense of the research, in addition to passing the CPCE and meeting program-specific exit requirements.

Required core courses

Counseling:		
COUN 4105/5105	Counseling Skills	3
COUN 6103	Professional Orientation and Ethics in Counseling	3
COUN 6104	Counseling Theories	3
COUN 6220	Group Counseling Skills and Processes	3
COUN 6225	Facilitating Career Development	3
COUN 6228	Assessment Techniques in Counseling	3
COUN 6254	Counseling Children and Adolescents	3
COUN 6256	Multicultural Counseling	3
COUN 6262	Intervention and Prevention in Lifespan Development	3
COUN 6304	Crisis and Trauma Intervention and Management	3
COUN 6503	Wellness, Self-Care, and Brain-Based Strategies	3

Measurement and Research:

MEASRES 6205	Educational Research	3
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Total core hours 36

One of the following emphases:

Clinical Mental Health Counseling Emphasis (24 hours):

Required emphasis hours:

Counseling:		
COUN 6207	Diagnosis and Psychopharmacology in Mental Health Counseling	3
COUN 6290	Practicum in Counseling	3
COUN 6405	Advanced Psychopathology and Treatment	3
COUN 6505	Dynamics of Family, Couples and Human Sexuality in Counseling	3
COUN 6605	Counseling Process and Practices for Substance Abuse and Co-occurring Disorders	3
COUN 6805	Integrated Counseling Practice and Clinical Supervision	3
COUN 6291	Internship	6

Total hours for Counseling: Clinical Mental Health Counseling non-thesis option (CACREP required 60 credits) 60

Additional requirement for thesis option:

COUN 6299	Research	6
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Total hours for Counseling: Clinical Mental Health Counseling thesis option 66

School Counseling Emphasis (24 hours):

Required emphasis courses:

COUN 6210	Developing Comprehensive School Counseling Programs	3
COUN 6290	Practicum in Counseling	3
COUN 6406	Foundations of School Counseling	3
COUN 6506	Counseling Issues with Families and Parents in School Settings	3
COUN 6706	Current Issues in School Counseling	3
COUN 6806	Leadership, Consultation, and Collaboration in School Counseling	3

COUN 6291 Internship 6

Total hours for Counseling: School Counseling Emphasis non-thesis option (CACREP required 60 credits) 60

Additional requirement for thesis option:

COUN 6299	Research	6
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Total hours for Counseling: School Counseling Emphasis thesis option 66

SPED 3150	Meeting the Needs of Diverse Learners in Classrooms (For non-teaching majors only)	2
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Program Certificates

The University of Northern Iowa makes available, in addition to traditional programs, the opportunity for students to earn program certificates. Program certificates provide an alternative to programs leading to a degree, a major, or a minor; they certify that an individual has completed a program approved by the university. For information on the following program certificate, contact the School of Applied Human Sciences or the Office of the Registrar, which serves as the centralized registry.

Advanced Studies Certificate in Clinical Mental Health Counseling

The Advanced Studies Certificate in Clinical Mental Health Counseling is an 18-hour graduate certificate focused on training school counselors to gain specific training in clinical mental health counseling. This certificate would allow students to complete the educational requirements to be eligible for licensure in mental health counseling.

The certificate program will be delivered in a cohort model starting each summer term. Students admitted will be required to take all courses in the certificate program in order to be eligible to

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take COUN 6290 Practicum in Counseling and COUN 6291 Internship.

Students must apply for the program and provide the following:

1. Qualifications
 - a. Masters in school counseling from a CACREP accredited program
 - b. 2 years counseling experience
2. Complete application due by April 1
 - a. Complete a transcript review by CCE through the Iowa Board of Behavioral Sciences. This will outline what courses the student will need to take in order to become licensed in the state of Iowa.
 - b. Application questions
 - c. Transcripts from all graduate institutions attended
 - d. 2 letters of recommendation
 - i. One from prior counseling supervisor who can speak to your clinical experiences
 - ii. One from an LMHC who would be willing to serve as a site supervisor for you in practicum and internship

Prerequisites: students must have a masters in school counseling from a CACREP accredited program.

Required

COUN 6207	Diagnosis and Psychopharmacology in Mental Health Counseling	3
COUN 6405	Advanced Psychopathology and Treatment	3
COUN 6290	Practicum in Counseling	3
COUN 6291	Internship	6
Electives (select one of the following)		3
COUN 6805	Integrated Counseling Practice and Clinical Supervision	
COUN 6286: Studies in Counseling *		
Total Hours		18

* Each summer, COUN 6286 courses are offered on various topics that could be used as electives.

Family Services, B.A.

1. Students will demonstrate knowledge in understanding families, the development of families and family interpersonal interactions within broader and diverse contexts.
2. Students will be able to discover, evaluate, and integrate sources of knowledge.
3. Students will be able to assess the strengths, challenges, needs and interaction patterns of families and individuals using major theoretical frameworks in family studies and human development.
4. Students will be able to provide education, preventative, and supportive strategies and services to individuals, families and groups.

5. Students will demonstrate an understanding of professional codes of behavior and the ability to critically examine ethical questions and issues as they relate to professional practice.

Gerontology: Long Term Care, B.A.

1. Students will be able to demonstrate an understanding of professional codes of behavior and the ability to critically examine ethical questions and issues as they relate to professional practice.
2. Students will be able to critically evaluate and apply theories of development and aging from interdisciplinary perspectives.
3. Students will be able to demonstrate an ability to communicate effectively through their written work.
4. Students will be able to demonstrate an ability to communicate orally.
5. Students will be able to analyze appropriate evidence and use it to test hypotheses.
6. Students will show an understanding of aging and diversity.

Gerontology: Social Sciences, B.A.

1. Students will be able to demonstrate an understanding of professional codes of behavior and the ability to critically examine ethical questions and issues as they relate to professional practice.
2. Students will be able to critically evaluate and apply theories of development and aging from interdisciplinary perspectives.
3. Students will be able to demonstrate an ability to communicate effectively through their written work.
4. Students will be able to demonstrate an ability to communicate orally.
5. Students will be able to analyze appropriate evidence and use it to test hypotheses.
6. Students will show an understanding of aging and diversity.

Interior Design, B.A.

UNI Interior Design graduates are effective communicators.

SLO 1.1 Students are able to express ideas clearly in oral, written and visual communication.

Students integrate oral and visual material to present ideas clearly.

SLO 1.2 Students are able to produce well-coordinated presentation drawings across a range of appropriate media.

SLO 1.3 Students are able to produce integrated contract documents including drawings,

schedules, and specifications appropriate to project size and scope.

UNI Interior Design graduates identify and explore complex problems and generate creative solutions that optimize the human experience within the interior environment.

SLO 2.1 Students identify and define relevant aspects of a design problem (goals, objectives, performance criteria).

SLO 2.2 Students gather, evaluate, synthesize and apply appropriate and necessary information and research findings to solve the problem (pre-design investigation).

SLO 2.3 Students generate multiple concepts and/or multiple design responses to programmatic requirements.

UNI interior design graduates apply elements and principles of two- and three-dimensional design.

SLO 3.1 Students effectively apply the elements and principles of design to two-dimensional design solutions.

SLO 3.2 Students effectively apply the elements and principles of design to three-dimensional design solutions.

SLO 3.3 Students are able to analyze and communicate theories or concepts of spatial definition and organization.

Textile and Apparel, B.A.

Communication

- Articulate design ideas verbally using industry appropriate language and concepts. This includes terminology linked to manufacturing, branding, construction, fit and apparel quality.
- Articulate design ideas visually using industry appropriate standards and concepts. Areas of concentration include stylization, branding, sensitivity to target market, construction information, and accurate depiction of scale of print pattern to apparel design.

Content Knowledge

- Demonstrate capability to apply computer-aided design skills to the development of textile print patterns customized to particular apparel design and consumer use patterns.
- Demonstrate skills to engineer three-dimensional solutions to dressing the body using computer-aided design, flat pattern and draping, and basic design principles and elements.
- Apply knowledge of textile performance characteristics to design process.

Critical Thinking

- Demonstrate capability to apply social science theories to the development of apparel branding strategies that fit and/or challenge existing social and cultural norms.

Clinical Mental Health Counseling, M.A.

Program Content

1. Students will exhibit familiarity with professional orientation and ethical practices as advocated by the American Counseling Association (ACA) Code of Ethics.
2. Student will exhibit knowledge of group dynamics, group leadership, and group development and apply these concepts in a variety of group types.

Communication

1. Students will be able to implement basic and advanced counseling techniques in the framework of helping relationships.

Critical Thinking

1. Students will show command of counseling theories and how to conceptualize cases from a wellness perspective.
2. Students will provide illustrations of human growth and developmental theories framed in the principles of assessment and appraisal.
3. Students will illustrate the importance of multicultural issues in the counseling profession when working with diverse clients.

School Counseling, M.A.

Program Content

1. Students will exhibit familiarity with professional orientation and ethical practices as advocated by the American Counseling Association (ACA) Code of Ethics.
2. Student will exhibit knowledge of group dynamics, group leadership, and group development and apply these concepts in a variety of group types.

Communication

1. Students will be able to implement basic and advanced counseling techniques in the framework of helping relationships.

Critical Thinking

1. Students will show command of counseling theories and how to conceptualize cases from a wellness perspective.
2. Students will provide illustrations of human growth and developmental theories framed in the principles of assessment and appraisal.
3. Students will illustrate the importance of multicultural issues in the counseling profession when working with diverse clients.