School of Applied Human Sciences

(College of Social and Behavioral Sciences)

www.uni.edu/sahs

The School of Applied Human Sciences offers the following undergraduate programs. Specific requirements for these programs are listed within this School of Applied Human Sciences section in the following order:

**Undergraduate Majors (B.A.)**

- Family Services (p. 1)
- Gerontology (p. 2) (also listed under Interdisciplinary section)
  - Long Term Care
  - Social Sciences
- Interior Design (p. 3)
- Textile and Apparel (p. 3)

**Minors**

- Family Studies (p. 3)
- Gerontology (p. 4) (also listed under Interdisciplinary section)
- Textile and Apparel (p. 4)

**Graduate Major (M.A.)**

- Counseling (p. 4)
  - Clinical Mental Health Counseling (p. 4)
  - School Counseling (p. 4)

**Program Certificates**

- Advanced Studies Certificate in Clinical Mental Health Counseling (p. 6)

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**Bachelor of Arts Degree Programs**

**Family Services Major**

The Family Services major requires a minimum of 120 total hours to graduate. This total includes UNIFI/General Education requirements and the following specified major requirements, plus electives to complete the minimum of 120 hours.

**Required**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>FAM SERV 1020</td>
<td>Family Relationships</td>
<td>3</td>
</tr>
<tr>
<td>FAM SERV 1030</td>
<td>Research Methods in Family Science</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>OR 3 hours social science research methods (or other courses as approved by department):</td>
<td></td>
</tr>
<tr>
<td>PSYCH 3002</td>
<td>Research Methods</td>
<td></td>
</tr>
<tr>
<td>SW 3185</td>
<td>Social Work Research</td>
<td></td>
</tr>
<tr>
<td>COMM COR 2020</td>
<td>Communication Research Methods</td>
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</table>

**COMM 4021/5021** Quantitative Research Methods

**SOC 2010** Research Methods

**FAM SERV 1055** Human Growth and Development

or another developmental course or PSYCH 2202

**FAM SERV 1057** Human Relationships and Sexuality

**FAM SERV 1140** Exploring Family Diversity in America

**FAM SERV 2060** Strategies and Issues in Family Services

**FAM SERV 4190** Professional Practice in Family Services

**FAM SERV 4178** Family Life Education

**ELECTIVES CHOOSE 2 FROM EACH GROUP**

**Group 1: Family Studies**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>FAM SERV 2054</td>
<td>Interpersonal Relationship Dynamics</td>
<td>6</td>
</tr>
<tr>
<td>FAM SERV 2111</td>
<td>Families and End of Life Issues</td>
<td></td>
</tr>
<tr>
<td>FAM SERV 3150/51</td>
<td>Families and Aging</td>
<td></td>
</tr>
<tr>
<td>FAM SERV 3162/51</td>
<td>Issues in Family Policy</td>
<td></td>
</tr>
<tr>
<td>FAM SERV 3176/51</td>
<td>Consumer Behavior Across the Lifespan</td>
<td></td>
</tr>
<tr>
<td>POL AMER 4142/51</td>
<td>Problems in Juvenile and Family Law</td>
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**Group 2: Family Skills**

<table>
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<tr>
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<th>Hours</th>
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<tbody>
<tr>
<td>FAM SERV 2077</td>
<td>Management of Family Resources</td>
<td>6</td>
</tr>
<tr>
<td>FAM SERV 3145/51</td>
<td>Violence in Intimate Relationships</td>
<td></td>
</tr>
<tr>
<td>FAM SERV 3155/51</td>
<td>Parenting</td>
<td></td>
</tr>
<tr>
<td>FAM SERV 3160/51</td>
<td>Family Assessment and Intervention</td>
<td></td>
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<tr>
<td>FAM SERV 3161/51</td>
<td>Families, Alzheimer's and Related Dementias</td>
<td></td>
</tr>
<tr>
<td>FAM SERV 4157/51</td>
<td>Human Sexuality Education</td>
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</table>

**Senior Experience (Choose Option A or B)**

**Option A**

<table>
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<tr>
<th>Course</th>
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<th>Hours</th>
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<tbody>
<tr>
<td>FAM SERV 4195</td>
<td>Internship in Family Services</td>
<td>6</td>
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**Option B:**

<table>
<thead>
<tr>
<th>Course</th>
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<tr>
<td></td>
<td>Additional 6 credits from Groups 1 &amp; 2</td>
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</table>

**Total Hours**

42

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* These courses have additional prerequisites as follows: FAM SERV 1055 has a prerequisite of PSYCH 1001 or consent of instructor. PSYCH 2202 has a prerequisite of PSYCH 1001.

**FAM SERV 4195** has prerequisite of FAM SERV 4190.
School of Applied Human Sciences

Students must have a 2.40 GPA in order to register for FAM SERV 4195 Internship in Family Services. Students must achieve a minimum of C- (1.67 grade point) in all courses required for the major, including all prerequisites.

Gerontology Major

The Gerontology major requires a minimum of 120 total hours to graduate. This total includes UNIFI/General Education requirements and the following specified major requirements, plus electives to complete the minimum of 120 hours. UNIFI/General Education courses included in major program requirements are distinguished by italics.

It is suggested students take PSYCH 1001, SW 1041, and SOC 1000 as their Human Condition Domestic and Global area of UNIFI/General Education, as these are prerequisites for several of the required courses in this major.

This interdisciplinary program is offered jointly by the College of Social and Behavioral Sciences, the College of Business, the College of Education, and the College of Humanities, Arts and Sciences. It is administered through the School of Applied Human Sciences and under the supervision of the Gerontology Advisory Committee.

Social Sciences Track

Required - all of the following:

- FAM SERV 1020 Family Relationships 3
- FAM SERV 3150/5150 Families and Aging 3
- FAM SERV/GERO 3161 Families, Alzheimer's and Related Dementias 3
- GERO 4195 Internship in Gerontology 3
- PH 2630 Aging and Health 3
- PSYCH 1001 Introduction to Psychology 3
- PSYCH 3204/5204 Psychology of Aging 3
- SOC 1000 Introduction to Sociology 3
- SOC 3035/5035 Social Gerontology 3

End of Life Issues - choose one course from the following:

- FAM SERV/GERO 2111 Families and End of Life Issues 3
- PHIL 3110/ CAP 3194/ RELS 3110 Perspectives on Death and Dying 3

Research Methods Course - choose one course from the following:

- FAM SERV 1030 Research Methods in Family Science 3
- or PSYCH 3002 Research Methods 3
- or SOC 2010 Research Methods 3
- or RTNL 4330/533 Research and Evaluation in Recreation, Tourism and Nonprofit Leadership 3

Development Course - choose one course from the following:

- FAM SERV 1055 Human Growth and Development 3
- or PSYCH 2202 Developmental Psychology 3

Gerontology Electives - choose two courses from the following:

- COMM 4116/5116 Health Communication
- CSD 1000 Understanding Communication Disorders
- FAM SERV 3162/5162 Issues in Family Policy
- FAM SERV 3176/5176 Consumer Behavior Across the Lifespan
- GERO 3192/5192 Research in Gerontology
- GERO 4170/5170 Long Term Care Administration
- GERO 4184/5184 Topics in Gerontology
- GERO 4198 Independent Study in Gerontology
- INTDSGN 3129 Interior Design Standards
- PH 3660/5660 Public Health Theory
- RELS 3510/ CAP 3173 Bio-Medical Ethics
- SW 4173/5173 Social Services for Older Adults

Total Hours 42-43

Long Term Care Administration Track

Required - all of the following:

- ACCT 2120 Principles of Financial Accounting 3
- FAM SERV 3161/5161 Families, Alzheimer's and Related Dementias or GERO 3161/5161 Families, Alzheimer's and Related Dementias 3
- GERO 4170/5170 Long Term Care Administration 3
- GERO 4195 Internship in Gerontology (9 credit hours) 9
- PH 2160 Medical Terminology, Short Course 2
- PSYCH 1001 Introduction to Psychology 3
- PSYCH 3204/5204 Psychology of Aging 3
- SOC 1000 Introduction to Sociology 3
- SOC 3035/5035 Social Gerontology 3

Business Electives - choose three courses from the following:

- ACCT 2130 Principles of Managerial Accounting 3
- MGMT 3100 Legal and Social Environment of Business 3
- MGMT 3101 Business Law 3
- MGMT 3153 Organizational Management 3
- MGMT 3905/5905 Employment and Labor Law 3
- MGMT 3966/5966 Staffing and Employee Development 3

Gerontology Electives - choose one course from the following:

- FAM SERV 3150/5150 Families and Aging 3
- GERO/FAM SERV 2111 Families and End of Life Issues 3
- GERO 3192/5192 Research in Gerontology 3
- GERO 3194/5194 Problems in Gerontology 3
GERO 4198  Independent Study in Gerontology
PH 2630  Aging and Health
PH 3660/5660  Public Health Theory
SW 4173/5173  Social Services for Older Adults

Total Hours  44

Note: NHA Iowa requirements - 12 hours health care administration, 6 hours gerontology, 10 hours business plus internship.

Interior Design Major
The Interior Design major requires a minimum of 120 total hours to graduate. This total includes UNIFI/General Education requirements and the following specified major requirements, plus electives to complete the minimum of 120 hours.

Admission to the University of Northern Iowa with an intended Interior Design major does not guarantee placement in the major due to the limited number of spaces available in the studio facilities.

Students majoring in Interior Design must satisfy the admission requirements including GPA, portfolio review/interview and the completion of specified courses before they can officially declare the major. A copy of the Admission Policy may be obtained from the School of Applied Human Sciences in Latham Hall. Prior to completion of the admission requirements, students may sign an intent to major in Interior Design and be classified as a (pre)major.

Required
School of Applied Human Sciences:
INTDSGN 1001  Introduction to Interior Design  3
INTDSGN 1061  Design Foundations  3
INTDSGN 1063  Drafting for Interiors  3
INTDSGN 1065  Design Visualization and Communication  3
INTDSGN 1067  History of Interiors  3
INTDSGN 2063  Computer Applications for Interior Design I  3
INTDSGN 2065  Space Planning and the Human Experience  3
INTDSGN 2069  Materials and Resources for Interior Design  3
INTDSGN 3063  Computer Applications for Interior Design II  3
INTDSGN 3069  Building Systems and Lighting  3
INTDSGN 3129  Interior Design Standards  2
INTDSGN 3151  Residential Design I  3
INTDSGN 3152  Residential Design II  3
INTDSGN 3164  Professional Practice of Interior Design  3
INTDSGN 3165  Professional Preparation in Interior Design  1
INTDSGN 4151  Commercial Design I  3
INTDSGN 4152  Commercial Design II  3
INTDSGN 4153  Commercial Design III  3
INTDSGN 4161  Advanced Design I  1

INTDSGN 4162  Advanced Design II  3
INTDSGN 4195  Internship in Interior Design  4
TEXDSGN 1002  Textile Science  3

Total Hours  62

Textile and Apparel Major
The Textile and Apparel major requires a minimum of 120 total hours to graduate. This total includes UNIFI/General Education requirements and the following specified major requirements, plus electives to complete the minimum of 120 hours.

Required
School of Applied Human Sciences:
TEXDSGN 1000  Fashion Culture and Industry  3
TEXDSGN 1002  Textile Science  3
TEXDSGN 1003  Creative Textile and Apparel Design Foundations  3
TEXDSGN 2004  EuroAmerican Fashion Design History  3
TEXDSGN 2007  Apparel Assembly and Technical Design  3
TEXDSGN 3008  Computer Applications for the Textile and Apparel Industry  3
TEXDSGN 3009  Textile Structures & Sourcing  3
TEXDSGN 3010  Quality Assurance for Textile Materials  3
TEXDSGN 3012  Fashion Design: Flat Pattern and Draping  3
TEXDSGN 3013  Professional Development: Textile and Apparel  2
TEXDSGN 3014  Branding Strategies for the Apparel Industry  3
TEXDSGN 4016  Apparel Product Development  3
TEXDSGN 4195  Internship in Textile and Apparel  4
Select one of the following:  3
TEXDSGN 2005  Fashion Event Planning and Digital Marketing  3
TEXDSGN 4184/5184  Topics in Textile and Apparel  3

Total Hours  42

Minors
Family Studies Minor
Required
Family Studies:
FAM SERV 1020  Family Relationships  3
FAM SERV 1055  Human Growth and Development  3
or PSYCH 2202  Developmental Psychology  3
FAM SERV 1057  Human Relationships and Sexuality  3
FAM SERV 1030  Research Methods in Family Science  3

Or 3 hours of social science research methods such as:
School of Applied Human Sciences

PSYCH 3002 Research Methods
SW 3185 Social Work Research
COMM COR 2020 Communication Research Methods
COMM 4021/5021 Quantitative Research Methods
or SOC 2010 Research Methods

Psychology:
PSYCH 1001 Introduction to Psychology 3

Select three electives from the following: 9

Family Studies:
FAM SERV 1010 Human Identity and Relationships
FAM SERV 2054 Interpersonal Relationship Dynamics
FAM SERV 2077 Management of Family Resources
FAM SERV 2111 Families and End of Life Issues
or GERO 2111 Families and End of Life Issues
FAM SERV 3145/5145 Violence in Intimate Relationships
FAM SERV 3150/5150 Families and Aging
FAM SERV 3155/5155 Parenting
FAM SERV 3160/5160 Family Assessment and Intervention
FAM SERV/GERO 3161 Families, Alzheimer's and Related Dementias
FAM SERV 3162/5162 Issues in Family Policy
FAM SERV 3176/5176 Consumer Behavior Across the Lifespan
FAM SERV 4157/5157 Human Sexuality Education
FAM SERV 4184/5184 Topics in Family Services
FAM SERV 4198 Independent Study in Family Services

Total Hours 24

Gerontolology Minor

Required (15 hrs):
FAM SERV 1055 Human Growth and Development 3
or PSYCH 2202 Developmental Psychology 3
PSYCH 1001 Introduction to Psychology 3
PSYCH 3204/5204 Psychology of Aging 3
SOC 1000 Introduction to Sociology 3
SOC 3035/5035 Social Gerontology 3

Electives in Gerontology—must take 2 6
FAM SERV 3150/51 Families and Aging
FAM SERV 3176/51 Consumer Behavior Across the Lifespan
CSD 1000 Understanding Communication Disorders
GERO 2111 Families and End of Life Issues

Total Hours 21

Textile and Apparel Minor

This minor is offered by the Textile and Apparel program housed in the School of Applied Human Sciences.

Required
Textile and Apparel:
TEXDSGN 1000 Fashion Culture and Industry 3

Electives from the following: 15
TEXDSGN 2007 Apparel Assembly and Technical Design
TEXDSGN 1003 Creative Textile and Apparel Design Foundations
TEXDSGN 1002 Textile Science
TEXDSGN 2004 EuroAmerican Fashion Design History
TEXDSGN 2005 Fashion Event Planning and Digital Marketing
TEXDSGN 3008 Computer Applications for the Textile and Apparel Industry
TEXDSGN 3009 Textile Structures & Sourcing
TEXDSGN 3010 Quality Assurance for Textile Materials
TEXDSGN 3012 Fashion Design: Flat Pattern and Draping
TEXDSGN 3014 Branding Strategies for the Apparel Industry
TEXDSGN 4016 Apparel Product Development
TEXDSGN 4184/5184 Topics in Textile and Apparel

Total Hours 18

Master of Arts Degree Program

Major in Counseling

The Counseling major is offered with two emphasis areas; Clinical Mental Health Counseling and School Counseling. Program requirements and detailed information on the major, including admission policies and procedures, should be obtained from the School of Applied Human Sciences. Graduate information and application for graduate admission can be found at https://admissions.uni.edu/application (also www.uni.edu/csbs/sahs/counseling).

The Graduate Record Examination (General Test) is not required for admission to the program.
Only graduate courses (course numbers 5000 or above) will apply to a graduate degree, even if the undergraduate course number (4999 or less) is listed. No exceptions will be made.

This major is available on the thesis and non-thesis options. The Clinical Mental Health emphasis requires a minimum of 60 semester hours for the non-thesis option; the School Counseling emphasis requires a minimum of 60 semester hours for the non-thesis option. Students who do not have teacher licensure must take SPED 3150 Meeting the Needs of Diverse Learners in Classrooms to meet Board of Educational Examiners requirements for licensure. The thesis option requires an additional 6 hours of COUN 6299 Research for either emphasis. A minimum of 20 hours of 6000-level course work is required.

All students completing this program must pass the Counselor Preparation Comprehensive Examination (CPCE). Pass scores on the CPCE national examination are based each semester on test results for the national normative data. This examination is based on the 8 CACREP core curriculum areas for counselor preparation. Students are also required to write an essay and pass this component as well. Non-thesis students must successfully complete the final paper and fulfill program-specific exit requirements. The thesis option requires a completed thesis and successful oral defense of the research, in addition to passing the CPCE and meeting program-specific exit requirements.

### Required core courses

#### Counseling:
- COUN 4105/5105 Counseling Skills 3
- COUN 6103 Professional Orientation and Ethics in Counseling 3
- COUN 6104 Counseling Theories 3
- COUN 6220 Group Counseling Skills and Processes 3
- COUN 6225 Facilitating Career Development 3
- COUN 6228 Assessment Techniques in Counseling 3
- COUN 6254 Counseling Children and Adolescents 3
- COUN 6256 Multicultural Counseling 3
- COUN 6262 Intervention and Prevention in Lifespan Development 3
- COUN 6304 Crisis and Trauma Intervention and Management 3
- COUN 6503 Wellness, Self-Care, and Brain-Based Strategies 3

#### Measurement and Research:
- MEASRES 6205 Educational Research 3

**Total core hours** 36

One of the following emphases:

### Clinical Mental Health Counseling Emphasis (24 hours):

#### Required emphasis hours:

Counseling:
- COUN 6207 Diagnosis and Psychopharmacology in Mental Health Counseling 3
- COUN 6290 Practicum in Counseling 3
- COUN 6405 Advanced Psychopathology and Treatment 3
- COUN 6505 Dynamics of Family, Couples and Human Sexuality in Counseling 3
- COUN 6605 Counseling Process and Practices for Substance Abuse and Co-occurring Disorders 3
- COUN 6805 Integrated Counseling Practice and Clinical Supervision 3
- COUN 6291 Internship 6

**Total hours for Counseling: Clinical Mental Health Counseling non-thesis option (CACREP required 60 credits)** 60

**Additional requirement for thesis option:**
- COUN 6299 Research 6

**Total hours for Counseling: Clinical Mental Health Counseling thesis option** 66

### School Counseling Emphasis (24 hours):

#### Required emphasis courses:
- COUN 6210 Developing Comprehensive School Counseling Programs 3
- COUN 6290 Practicum in Counseling 3
- COUN 6406 Foundations of School Counseling 3
- COUN 6506 Counseling Issues with Families and Parents in School Settings 3
- COUN 6706 Current Issues in School Counseling 3
- COUN 6806 Leadership, Consultation, and Collaboration in School Counseling 3
- COUN 6291 Internship 6

**Total hours for Counseling: School Counseling Emphasis non-thesis option (CACREP required 60 credits)** 60

**Additional requirement for thesis option:**
- COUN 6299 Research 6

**Total hours for Counseling: School Counseling Emphasis thesis option** 66

### SPED 3150 Meeting the Needs of Diverse Learners in Classrooms (For non-teaching majors only) 2

### Program Certificates

The University of Northern Iowa makes available, in addition to traditional programs, the opportunity for students to earn program certificates. Program certificates provide an alternative to programs leading to a degree, a major, or a minor; they certify that an individual has completed a program approved by the university. For information on the following program certificate, contact the School of Applied Human Sciences.
Human Sciences or the Office of the Registrar, which serves as the centralized registry.

**Advanced Studies Certificate in Clinical Mental Health Counseling**

The Advanced Studies Certificate in Clinical Mental Health Counseling is an 18-hour graduate certificate focused on training school counselors to gain specific training in clinical mental health counseling. This certificate would allow students to complete the educational requirements to be eligible for licensure in mental health counseling.

The certificate program will be delivered in a cohort model starting each summer term. Students admitted will be required to take all courses in the certificate program in order to be eligible to take COUN 6290 Practicum in Counseling and COUN 6291 Internship.

Students must apply for the program and provide the following:

1. Qualifications
   a. Masters in school counseling from a CACREP accredited program
   b. 2 years counseling experience

2. Complete application due by April 1
   a. Complete a transcript review by CCE through the Iowa Board of Behavioral Sciences. This will outline what courses the student will need to take in order to become licensed in the state of Iowa.
   b. Application questions
   c. Transcripts from all graduate institutions attended
   d. 2 letters of recommendation
      i. One from prior counseling supervisor who can speak to your clinical experiences
      ii. One from an LMHC who would be willing to serve as a site supervisor for you in practicum and internship

Prerequisites: students must have a masters in school counseling from a CACREP accredited program.

**Required**

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<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>COUN 6207</td>
<td>Diagnosis and Psychopharmacology in Mental Health Counseling</td>
<td>3</td>
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<tr>
<td>COUN 6405</td>
<td>Advanced Psychopathology and Treatment</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6290</td>
<td>Practicum in Counseling</td>
<td>3</td>
</tr>
<tr>
<td>COUN 6291</td>
<td>Internship</td>
<td>6</td>
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**Electives (select one of the following)**

<table>
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<th>Course</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>COUN 6805</td>
<td>Integrated Counseling Practice and Clinical Supervision</td>
<td>3</td>
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</table>

**Total Hours** 18

* Each summer, COUN 6286 courses are offered on various topics that could be used as electives.