

Department of Psychology

(College of Social and Behavioral Sciences)

www.uni.edu/psych

The Department of Psychology offers the following programs:

Undergraduate Major (B.A.)

- Psychology (p. 1)

Minor

- Mental Health (p. 1)
- Psychology (p. 2)

Graduate Major (M.A.)

- Psychology (p. 2)

Program Certificate

- Military Psychology (p. 3)
- Work Psychology (p. 4)

PSYCH 1001 Introduction to Psychology is a prerequisite for most other psychology courses, and must be taken by all psychology majors and minors. It also counts as a UNIFI/General Education requirement.

Only courses with an earned grade of at least a C- will count toward major, minors, and program certificates.

It is possible for psychology majors to graduate with departmental honors provided they have an overall GPA of at least 3.00, a psychology GPA of at least 3.50, and complete a research project deemed worthy of honors by the department. Generally such a project is done in the context of 3 hours of PSYCH 4705/5705 Research Experience in Psychology.

Bachelor of Arts Degree Program

Psychology Major

The Psychology major requires a minimum of 120 total hours to graduate. This total includes UNIFI/General Education requirements and the following specified major requirements, plus electives to complete the minimum of 120 hours.

Required Courses

| | | |
|---------------------------------------|--|----------|
| PSYCH 1001 | Introduction to Psychology | 3 |
| PSYCH 2002 | Professional Preparation in Psychology | 1 |
| SOC SCI 2020 | Social Sciences Statistics | 3 |
| PSYCH 3002 | Research Methods * | 4 |
| Core Courses (complete 3 of 4) | | 9 |
| PSYCH 3101 | Biopsychology | |
| PSYCH 2202 | Developmental Psychology | |
| PSYCH 2203 | Social Psychology | |
| PSYCH 3505/5505 | Cognitive Psychology | |

Elective Courses **18**

Any psychology course (PSYCH xxxx) may be selected as an elective.

Total Hours **38**

No more than six total hours of PSYCH 2701, PSYCH 3179, PSYCH 4198, PSYCH 4704/5704, and PSYCH 4705/5705 can count toward fulfilling the major requirements.

* The following courses are accepted as substitutes for PSYCH 3002 for double-majors within the College of Social and Behavioral Sciences: FAM SERV 1030, SOC 2010, SW 3185.

Minor

Mental Health Minor

The mental health field is quite interdisciplinary, served by a number of different professionals, and mental health issues arise across an array of settings. The Mental Health Minor serves the following purposes: 1) fosters interdisciplinary exposure to mental health issues, 2) provides broad preparation for those who may directly or peripherally work with mental health issues, and 3) presents different approaches to conceptualization and intervention of mental health issues.

For completion of the Mental Health Minor, the student must pass (C- or higher) 2 required courses and 4 elective courses for a total of 18 hours.

Required:

| | | |
|--------------------|---|----|
| PSYCH 1001 | Introduction to Psychology | 3 |
| FAM SERV 1020 | Family Relationships | 3 |
| Electives: *** | | 12 |
| COUN 4100 | Introduction to Professional Counseling | |
| CRIM 3228 | Mental Health and the Criminal Justice System | |
| CRIM 3371 | Topics in Criminal Justice: Offender Rehabilitation | |
| CRIM 4216 | Correctional Treatment: Theory and Practice | |
| EDPSYCH 4118/5118 | Mental Health and Well-Being in the Classroom | |
| FAM SERV 3145/5145 | Violence in Intimate Relationships | |
| FAM SERV 3160/5160 | Family Assessment and Intervention ** | |
| FAM SERV 3161/5161 | Families, Alzheimer's and Related Dementias | |
| FAM SERV 3162/5162 | Issues in Family Policy | |
| PH 2540 | Selected Topics in Women's Health | |
| PSYCH 2401 | Clinical Psychology | |
| PSYCH 2403 | The Science and Experience of Human Flourishing | |
| PSYCH 3403/5403 | Abnormal Psychology | |

Department of Psychology

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| PSYCH 3603/5603 | Child and Adolescent Psychopathology * |
| SOC 3086/5086 | Medical Sociology |
| SOC 3087/5087 | Society and Mental Illness |
| SW 3143 | Self-Care and Stress Management in Helping Professions |
| SW 4171/5171 | Addictions Treatment |
| SW 3175 | Child Welfare Policy and Practice |
| Total Hours | 18 |

- * Similar child development courses could be substituted for PSYCH 3603/5603 prerequisite with consent of the instructor.
- ** Prerequisites for FAM SERV 3160/5160 may be waived with consent of instructor.
- ** Approved and relevant mental health placements in PSYCH 3179 Cooperative Education may be accepted as an elective in the minor. Students should file an Academic Student Request form, available on the Registrar's site.

Psychology Minor

Required

| | | |
|--------------------------------|----------------------------|-----------|
| Psychology: | | |
| PSYCH 1001 | Introduction to Psychology | 3 |
| PSYCH 3002 | Research Methods * | 4 |
| Electives in psychology | | 18 |
| Total Hours | | 25 |

* The following courses are accepted as substitutes for PSYCH 3002 for majors within the College of Social and Behavioral Sciences: FAM SERV 1030, SOC 2010, SW 3185.

Master of Arts Degree Program

Major in Psychology

Applications are not being accepted for the MA Psychology major at this time.

Students interested in this program must submit a completed Application for Admission to Graduate Study and should refer to their MyUNiverse Student Center To-Do list or contact the Department of Psychology for any other application requirements. Graduate information and application for graduate admission can be found at <https://admissions.uni.edu/application>.

In addition to meeting general university admission requirements, applicants are also required to submit the following for consideration:

1. a departmental application form;
2. resume or CV
3. personal statement
4. three letters of recommendation, preferably from undergraduate psychology instructors; and

The application deadline for fullest consideration for financial aid is February 1. Offers of admission will begin in February and continue on a rolling basis until all positions in the program are filled or until

early May. Applications completed by April 30 will be reviewed and given consideration, but early application is strongly encouraged.

Only graduate courses (course numbers 5000 or above) will apply to a graduate degree, even if the undergraduate course number (4999 or less) is listed. No exceptions will be made.

This major is available on the **thesis** option only for the Social Psychology track; the Clinical Science track offers a **non-thesis and a thesis** option. The major requires a **minimum of 42-43 semester hours, depending on the emphasis chosen. A minimum of 15 semester hours of 6000-level course work is required.**

The M.A. program in psychology consists of two traditional emphases:

1. clinical science, for students wishing to pursue doctoral-level study in clinical, counseling, or school psychology or careers as master's research coordinators or providers of psychological services in agencies or institutions;
2. social psychology, for students wishing to pursue doctoral study in social and related areas of psychology or careers as master's level data analysts or community college instructors.

The program maintains a strong empirical, research-based orientation and seeks to: a) provide students with opportunities to develop skills in research methodology; b) gain advanced knowledge of major areas of scientific psychology; and c) obtain basic competence in skills relevant to these areas. All students are required to complete a thesis for successful completion of this program. It is expected that students in the two-year program will, except under extraordinary circumstances, have a thesis proposal approved by their advisor by the beginning of their second year of study. The program is set up so it should be completed in two full academic years and two summers. Students are strongly encouraged to finish within this time frame.

Required for all students

| | | |
|--|-------------------------|--------------|
| Psychology: | | |
| STAT 4772/5772 | Statistical Computing I | 3 |
| PSYCH 6002 | Research Design | 3 |
| Readings: | | |
| PSYCH 6285 | Readings in Psychology | 2 |
| Thesis Research: | | |
| PSYCH 6299 | Research | 3 |
| Emphasis requirements (as listed below) | | 31-32 |
| Total Hours | | 42-43 |

Clinical Science Emphasis

Requirements for all students (listed above): 11

Required for emphasis: (32)

| | | |
|---------------------------------|-------------------------------------|---|
| Psychology: | | |
| PSYCH 6401 | Cognitive Assessment | 4 |
| PSYCH 6405 | Personality Assessment | 4 |
| PSYCH 6406 | Adult Psychopathology and Diagnosis | 3 |
| PSYCH 6410 | Child Psychopathology and Diagnosis | 3 |
| Thesis or Internship (3 hours): | | |
| PSYCH 6419 | Internship | |
| PSYCH 6299 | Research | |

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| Clinical Practicum: | | |
| PSYCH 6425 | Practicum Team (Repeated every semester for 3 hours) | 12 |

Electives in Psychology 3

(determined in consultation with the Graduate Coordinator)

The following courses are pre-approved as electives in this program:

| | | |
|---------------------|--|-----------------------------------|
| PSYCH 3102/5102 | Drugs and Individual Behavior | |
| PSYCH 3104/5104 | Introduction to Neurology | |
| PSYCH 3204/5204 | Psychology of Aging | |
| PSYCH 3303/5303 | Health Psychology | |
| PSYCH 3502/5502 | Motivation and Emotion | |
| PSYCH 3505/5505 | Cognitive Psychology | |
| PSYCH 3606/5606 | Special Topics in Social Psychology | |
| PSYCH 4604/5604 | Principles of Psychometrics | |
| PSYCH 4607/5607 | Psychological Anthropology | |
| PSYCH 4608/5608 | Gender in Cross-Cultural Perspective | |
| PSYCH 6003 | Graduate Practicum in Teaching Psychology | |
| PSYCH 6006 | Research in Psychology | |
| PSYCH 6201 | Evolution, Brain and Social Behavior | |
| PSYCH 6202 | Social and Cognitive Development | |
| PSYCH 6203 | Personality | |
| PSYCH 6204 | Advanced Social Psychology | |
| PSYCH 6205 | Advances and Developments in Social Psychology | |
| PSYCH 6285 | Readings in Psychology | |
| PSYCH 6289 | Seminar | |
| 3 hours total from: | | |
| PSYCH 4704/5704 | Practicum in Teaching Psychology | |
| | or PSYCH 4705/5705 | Research Experience in Psychology |

Total Hours 43

Social Psychology Emphasis

Required for all students (listed above): 11

Required for emphasis: (31)

| | | |
|-----------------|---|---|
| PSYCH 4604/5604 | Principles of Psychometrics | 3 |
| PSYCH 3606/5606 | Special Topics in Social Psychology | 3 |
| PSYCH 6203 | Personality | 3 |
| PSYCH 6204 | Advanced Social Psychology | 3 |
| PSYCH 6206 | Field Methods in Social Psychology | 3 |
| PSYCH 6006 | Research in Psychology | 6 |
| PSYCH 6205 | Advances and Developments in Social Psychology (1 hr. each of 4 semesters for a total of 4 hrs) | 4 |

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| PSYCH 6299 | Research | 3 |
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Electives in Psychology 3

(determined in consultation with the Graduate Coordinator)

The following courses are pre-approved as electives in this program:

| | | |
|---------------------|---|-----------------------------------|
| PSYCH 3102/5102 | Drugs and Individual Behavior | |
| PSYCH 3104/5104 | Introduction to Neurology | |
| PSYCH 3204/5204 | Psychology of Aging | |
| PSYCH 3303/5303 | Health Psychology | |
| PSYCH 3502/5502 | Motivation and Emotion | |
| PSYCH 3505/5505 | Cognitive Psychology | |
| PSYCH 4607/5607 | Psychological Anthropology | |
| PSYCH 4608/5608 | Gender in Cross-Cultural Perspective | |
| PSYCH 6003 | Graduate Practicum in Teaching Psychology | |
| PSYCH 6285 | Readings in Psychology | |
| PSYCH 6289 | Seminar | |
| PSYCH 6401 | Cognitive Assessment | |
| PSYCH 6406 | Adult Psychopathology and Diagnosis | |
| PSYCH 6410 | Child Psychopathology and Diagnosis | |
| 3 hours total from: | | |
| PSYCH 4704/5704 | Practicum in Teaching Psychology | |
| | or PSYCH 4705/5705 | Research Experience in Psychology |

Total Hours 42

Program Certificates

The University of Northern Iowa makes available, in addition to traditional programs, the opportunity for students to earn program certificates. Program certificates provide an alternative to programs leading to a degree, a major, or a minor; they certify that an individual has completed a program approved by the university. For information on the following program certificates, contact the Department of Psychology or the Office of the Registrar, which serves as the centralized registry.

Certificate in Military Psychology

Required Courses

| | | |
|--------------|--|---|
| MIL SCI 1091 | Introduction to the Army and Critical Thinking | 1 |
| MIL SCI 1092 | Introduction to the Profession of Arms | 1 |
| PSYCH 1093 | Military Psychology | 1 |

Elective Courses 12

| | | |
|--------------------|------------------------------------|--|
| FAM SERV 3145/5145 | Violence in Intimate Relationships | |
| PSYCH 3304 | Work Psychology: Well-Being | |
| FAM SERV 3160/5160 | Family Assessment and Intervention | |
| PSYCH 3305 | Work Psychology: Performance | |

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| PSYCH 2401 | Clinical Psychology |
| PSYCH 3403/5403 | Abnormal Psychology |
| PSYCH 3303/5303 | Health Psychology |
| PSYCH 2203 | Social Psychology |
| SW 4171/5171 | Addictions Treatment |
| PSYCH 4705/5705 | Research Experience in Psychology * |
| Total Hours | 15 |

* PSYCH 4705/5705 may be repeated up to 6 hours. PSYCH 4705/5705 can be substituted for elective courses above. Students develop a research project integrating psychology and military science. Present the results at the spring research conference, an ROTC event, or another public venue. Note – to do this the student would have to obtain a faculty advisor to chair the project. Note that PSYCH 3002 is a prerequisite for this course.

Certificate in Work Psychology

This certificate provides undergraduate students with the skills and knowledge necessary to be competitive in a professional human resources or consulting environment.

The 6000-level courses listed are available only to graduate students.

Required

| | | |
|-------------|------------------------------|---|
| Psychology: | | |
| PSYCH 1001 | Introduction to Psychology | 3 |
| PSYCH 3304 | Work Psychology: Well-Being | 3 |
| PSYCH 3305 | Work Psychology: Performance | 3 |

Electives: select three of the following: 9

| | | |
|-----------------|-------------------------------|--|
| Psychology: | | |
| PSYCH 2203 | Social Psychology | |
| PSYCH 2301 | Applied Psychology | |
| PSYCH 3179 | Cooperative Education | |
| PSYCH 3303/5303 | Health Psychology | |
| PSYCH 3502/5502 | Motivation and Emotion | |
| PSYCH 4604/5604 | Principles of Psychometrics * | |

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|--------------------------|---|--|
| Communication and Media: | | |
| COMM 4134/5134 | Organizational Cultures and Communication * | |
| COMM 3055 | Organizational Communication * | |
| COMM 4155/5155 | Organizational Communication Assessment * | |

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|--------------------|---|--|
| Political Science: | | |
| POL AMER 1048 | Introduction to Public Administration | |
| POL AMER 3174 | Management of Public Human Resources * | |
| POL AMER 3153 | Leadership and Management in Public Service | |
| POL AMER 4177/5177 | Political Psychology | |

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| Management: | | |
| MGMT 3153 | Organizational Management * | |

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| MGMT 3155 | Human Resource Management * |
| MGMT 3905/5905 | Employment and Labor Law * |
| MGMT 3965/5965 | Organizational Behavior * |
| MGMT 3966/5966 | Staffing and Employee Development * |

Education:

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|-------------|---|
| EDLEAD 6245 | Leadership for Effective Schools |
| EDLEAD 7310 | Human Resource Administration |
| EDLEAD 7311 | Educational Leadership and Systems Change |

Recreation, Tourism and Nonprofit Leadership:

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|-----------|---|
| RTNL 2020 | Leadership in Leisure, Youth and Human Services |
| RTNL 3337 | Human Resource Development for Recreation, Tourism and Nonprofit Leadership |
| RTNL 6202 | Social Psychology of Leisure |
| RTNL 6402 | Strategic Program Management |
| RTNL 6412 | Management Issues in Recreation, Tourism and Nonprofit Leadership |

Technology:

| | |
|-----------|---|
| TECH 4187 | Applied Industrial Supervision and Management |
| TECH 3196 | Industrial Safety |

Total Hours 18

The 6000-level and 7000-level electives are available only to graduate students.

* This course has additional prerequisites.