Counseling Courses (COUN)

Courses

COUN 4103/5103 (290:103g). Introduction to Professional Counseling — 3 hrs.
Introduction to counseling in school (K-12), mental health and community agency settings. Emphasis on professional roles, current trends, and legal/ethical issues. Prerequisite(s): junior standing; consent of department head. (Fall and Spring)

COUN 4105/5105 (290:105g). Counseling Skills — 3 hrs.
Focus on developing counseling skills with emphasis on self-understanding. Verbal and non-verbal counseling skills are developed through lecture, demonstration, and extensive laboratory practice. Prerequisite(s): junior standing; consent of department head. (Fall and Spring)

COUN 4198 (290:198). Independent Study — 1-6 hrs. (Variable)

Develops advanced-level counseling skills necessary for clinical practice in mental health settings. Focus on case conceptualization and specific interventions for initiating, sustaining, and terminating a counseling experience. Extensive skill practice/lab. Prerequisite(s): COUN 4103/5103 (290:103g); COUN 4105/5105 (290:105g) (grade of B or higher); COUN 6227 (290:227) (highly recommended); consent of department head. (Fall and Spring)

COUN 6210 (290:210). Developing Comprehensive School Counseling Programs — 3 hrs.
Focus on managing, organizing, and designing K-12 comprehensive, sequential, developmental guidance programs. Prerequisite(s): School Counseling major; COUN 4103/5103 (290:103g); COUN 4105/5105 (290:105g); consent of department head. (Summer)

Emphasis on theoretical and experiential understandings of group dynamics, development, theories, and methods. Focus on group leadership and group membership. Experiential laboratory participation incorporated. Prerequisite(s): COUN 4103/5103 (290:103g); COUN 4105/5105 (290:105g); consent of department head. (Summer)

Exploration of career development theory and career counseling techniques. Emphasis on significance of occupational choice; examination of sociological, psychological, and economic factors. Prerequisite(s): COUN 4103/5103 (290:103g); COUN 4105/5105 (290:105g); consent of department head. (Summer)

COUN 6226 (290:226). Ethics, Supervision, Crisis and Consultation — 3 hrs.
Provides an overview of ethics, the consultation and supervision processes, and crisis response by counseling professionals. Prerequisite(s): COUN 4103/5103 (290:103g); COUN 4105/5105 (290:105g); COUN 6205 (290:205) or COUN 6254 (290:254); consent of department head. (Spring and Summer)

Overview of predominant counseling and human development theories, including emphasis on learning and personality development and normal and abnormal human behavior. Stresses practical applications in school and mental health settings. Prerequisite(s): consent of department head. Prerequisite(s) or corequisite(s): COUN 4103/5103 (290:103g) and/or COUN 4105/5105 (290:105g). (Fall)

COUN 6228 (290:228). Assessment Techniques in Counseling — 3 hrs.
Assessment and appraisal procedures of individuals and groups. Primary focus on the understanding and use of standardized and non-standardized tests, inventories, observations, and case data for diagnosis in counseling. Prerequisite(s): COUN 4103/5103 (290:103g); COUN 4105/5105 (290:105g); COUN 6205 (290:205) (highly recommended); consent of department head. (Fall and Spring)

COUN 6241 (290:241). Treatment Procedures in Mental Health Counseling — 3 hrs.
Emphasis on the diagnosis of psychopathology and corresponding treatment procedures. Includes etiology, diagnosis, and treatment of mental and emotional disorders and dysfunctional behavior. Prerequisite(s): COUN 4103/5103 (290:103g); COUN 4105/5105 (290:105g); COUN 6205 (290:205); COUN 6227 (290:227); COUN 6228 (290:228) (highly recommended); PSYCH 3403/5403 (400:142g); consent of department head. (Summer)

COUN 6250 (290:250). Family Counseling — 3 hrs.
Emphasis on a family systems perspective. Includes theoretical foundations, family developmental life cycles, identification of functional/dysfunctional family systems, survey of interventions and general process of family counseling. Prerequisite(s): COUN 4103/5103 (290:103g); COUN 4105/5105 (290:105g); COUN 6227 (290:227) (highly recommended); consent of department head. (Fall and Spring)

Normal and abnormal child/adolescent development, problem conceptualization from an individual as well as a systems-based perspective, and development of advanced-level counseling skills with emphasis on age-appropriate assessment and interventions. Lab practice and actual counseling experience with young clients. Prerequisite(s): COUN 4103/5105 (290:103g) and/or COUN 4105/5105 (290:105g); COUN 6227 (290:227) (highly recommended); consent of department head. (Fall)

COUN 6256 (290:256). Multicultural Counseling — 3 hrs.
Emphasizes examination of personal attitudes, perceptions, and behaviors regarding women, ethnic minorities, elderly, gays and lesbians, and persons with disabilities and concepts such as oppression. Increases understanding of counseling theories and techniques within a multicultural paradigm. Prerequisite(s): COUN 4103/5103 (290:103g); COUN 4105/5105 (290:105g); COUN 6227 (290:227); consent of department head. (Spring and Summer)

COUN 6262 (290:262). Intervention and Prevention in Lifespan Development — 3 hrs.
Explores crises and challenges during developmental stages, which may bring individuals, couples, or families to counseling. Discussion of diversity, human development theory, and ethical considerations in lifespan development for application to counseling. Prerequisite(s):
Counseling Courses (COUN)

COUN 4103/5103 (290:103g); COUN 4105/5105 (290:105g); consent of department head. (Fall)

(Variable)

Special topics as indicated in the Schedule of Classes. (Variable)

First-level intensive experience designed to further develop individual and group counseling skills. Offered on credit/no credit basis only. Prerequisite(s): for School Counseling: COUN 4103/5103 (290:103g); COUN 4105/5105 (290:105g); COUN 6220 (290:220); COUN 6227 (290:227); COUN 6250 (290:250) (recommended); COUN 6254 (290:254) (grade of B or higher); COUN 6262 (290:262) (highly recommended); consent of department head. Prerequisite(s) for Mental Health Counseling: COUN 4103/5103 (290:103g); COUN 4105/5105 (290:105g); COUN 6205 (290:205) (grade of B or higher); COUN 6220 (290:220); COUN 6227 (290:227); COUN 6241 (290:241) (recommended/can take as corequisite); COUN 6250 (290:250) (recommended); PSYCH 3403/5403 (400:142g); consent of department head. (Fall and Spring)

Advanced intensive experience designed to integrate counseling and consultation skills in a work setting. Offered on credit/no credit basis only. May be repeated for up to 12 credits. Six hours are required for students to complete requirements for licensing in each emphasis area (Clinical Mental Health or School Counseling). Prerequisite(s): for School Counseling: COUN 6262 (290:262); COUN 6290 (290:290); consent of department head. Prerequisite(s) for Mental Health Counseling: COUN 6290 (290:290); consent of department head. (Fall and Spring)

COUN 6299 (290:299). Research.
Prerequisite(s): consent of department. (Variable)