

Athletic Coaching Minor

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The minor in Athletic Coaching provides undergraduate students with the knowledge and skills to coach in youth sport settings, K-12 schools, and colleges. The goal of this minor is to prepare students to be successful coaches by enhancing their communication, motivation, teaching, and leadership skills.

Required:

Select one of the following:		3
EDPSYCH 2068	Development and Learning in Sociocultural Contexts	
PSYCH 2202	Developmental Psychology *	
KINES 2056	Motor Learning and Development	
Athletic Training:		
AT 1018	Prevention and Care of Athletic Injuries	2
AT 1019	Prevention and Care Laboratory	1
Kinesiology:		
KINES 2025	Conditioning Theory and Practice	3
KINES 2050	Anatomy and Physiology of Human Movement	3
KINES 3118	Practicum in Coaching	1
KINES 3122	Sport Psychology	3
Select one of the following electives:		3
KINES 3101	Coaching Theory - Baseball/Softball	
KINES 3102	Coaching Theory - Basketball	
KINES 3104	Coaching Theory - Football	
KINES 3107	Coaching Theory - Soccer	
KINES 3111	Coaching Theory - Track and Field	
KINES 3112	Coaching Theory - Volleyball	
KINES 3113	Coaching Theory - Individual Sports	
Total Hours		19

Note: Teaching majors: Students who complete this program will qualify for the Iowa Department of Education coaching endorsement.

Non-Teaching majors: Students who complete this program and are not teaching majors will have completed all coursework needed to qualify for the Iowa Department of Education coaching authorization for Iowa K-12 schools. Typically, coaching authorization is for a non-teacher, or college student who does not yet hold a teaching license.

KINES 3118 Practicum in Coaching must be completed prior to student teaching.

* PSYCH 2202 has prerequisite PSYCH 1001.

Related Programs

- Kinesiology B.A.
- Physical Education - Teaching B.A.