

Athletic Training and Rehabilitation Studies Minor

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The Athletic Training and Rehabilitation Studies minor is intended to complement existing majors by offering students a blend of foundational health care concepts and hands-on learning. The minor is designed for students considering a career in clinical health care or for those who would simply like to broaden their educational experience with a background in clinical healthcare.

The Athletic Training and Rehabilitation Studies minor requires a minimum of 15 hours to complete. This total includes 12 credits of required courses and three credits of electives offered within the Athletic Training and Rehabilitation Studies major. While pursuing this minor, students will have the opportunity to participate in clinical experiences while observing and learning alongside practicing health care professionals such as athletic trainers, physical therapists, and other practitioners.

Students can declare this minor at any time throughout their academic progression once they are admitted to UNI. Although students should typically allow four semesters to complete the 15 credits, this can vary depending on course offerings and availability.

The first step is to submit the "Declaration of Curriculum" form, and indicating Athletic Training and Rehabilitation Studies minor. Then, students should contact a Department of Kinesiology & Athletic Training Academic Advisor.

Choose four of the following: 12

AT 1010	Introduction to Athletic Training & Clinical Healthcare
AT 3020	Clinical & Gross Human Anatomy
AT 3040	Foundations of Orthopedic Injury Assessment & Pathology I
AT 4070	Foundations of Therapeutic Interventions & Rehabilitation
AT 4130	General Medical Conditions

Elective (select a minimum of 3 hours of the following): 3

Athletic Training	
AT 1018	Prevention and Care of Athletic Injuries
AT 1019	Prevention and Care Laboratory
AT 3300	Gross Human Anatomy
Public Health	
PH 1101	Introduction to Public Health
PH 2130	Epidemiology of Human Diseases

PH 2160	Medical Terminology, Short Course
PH 2420	Nutrition for Health Promotion
PH 3310/5310	Health Policy and Advocacy
PH 3330	Health of Vulnerable Populations
PH 3340	International Health
Kinesiology	
KINES 3151	Biomechanics
KINES 3153	Exercise Physiology
KINES 3157	Sports Nutrition

Total Hours 15

Related Programs

- Athletic Training MATr
- Kinesiology B.A.