Athletic Training and Rehabilitation Studies Minor

Athletic Training and Rehabilitation Studies Minor

The Athletic Training and Rehabilitation Studies minor is intended to complement existing majors by offering students a blend of foundational health care concepts and hands-on learning. The minor is designed for students considering a career in clinical health care or for those who would simply like to broaden their educational experience with a background in clinical healthcare.

The Athletic Training and Rehabilitation Studies minor requires a minimum of 15 hours to complete. This total includes 12 credits of required courses and three credits of electives offered within the Athletic Training and Rehabilitation Studies major. While pursuing this minor, students will have the opportunity to participate in clinical experiences while observing and learning alongside practicing health care professionals such as athletic trainers, physical therapists, and other practitioners.

Students can declare this minor at any time throughout their academic progression once they are admitted to UNI. Although students should typically allow four semesters to complete the 15 credits, this can vary depending on course offerings and availability.

The first step is to submit the "Declaration of Curriculum" form, and indicating Athletic Training and Rehabilitation Studies minor. Then, students should contact a Department of Kinesiology & Athletic Training Academic Advisor.

Choose four of the following:		12
AT 1010	Introduction to Athletic Training & Clinical Healthcare	
AT 3020	Clinical & Gross Human Anatomy	
AT 3040	Foundations of Orthopedic Injury Assessment & Pathology I	
AT 4070	Foundations of Therapeutic Interventions & Rehabilitation	
AT 4130	General Medical Conditions	
Elective (select a minimum of 3 hours of the following):		3
Athletic Training		
AT 1018	Prevention and Care of Athletic Injuries	
AT 1019	Prevention and Care Laboratory	
AT 3300	Gross Human Anatomy	
Public Health		
PH 1101	Introduction to Public Health	
PH 2130	Epidemiology of Human Diseases	
PH 2160	Medical Terminology, Short Course	
PH 2420	Nutrition for Health Promotion	
PH 3310/5310	Health Policy and Advocacy	
PH 3330	Health of Vulnerable Populations	
PH 3340	International Health	
Kinesiology		
KINES 3151	Biomechanics	
KINES 3153	Exercise Physiology	
KINES 3157	Sports Nutrition	
Total Hours		**15**

Related Programs

- Athletic Training MATr
- Kinesiology B.A.