

Counseling M.A.

Counseling Major

The Counseling major is offered with two CACREP-accredited specialization areas; Clinical Mental health Counseling and School Counseling. All enrolled students complete requirements for the Clinical Mental Health Counseling specialization, and students may choose to complete a second or dual specialization in School Counseling.

Program requirements and detailed information on the major, including admission policies and procedures, should be obtained from the Department of Family, Aging, and Counseling. Graduate information and application for graduate admission can be found at <https://admissions.uni.edu/application> (also www.uni.edu/csbs/sahs/counseling).

The Graduate Record Examination (General Test) **is not** required for admission to the program.

Only graduate courses (course numbers 5000 or above) will apply to a graduate degree, even if the undergraduate course number (4999 or less) is listed. No exceptions will be made.

This major is available on the **non-thesis** option only. The Clinical Mental Health emphasis requires a **minimum of 60 semester hours**; the dual specialization of Clinical Mental Health and School Counseling requires a **minimum of 69 semester hours**. *Students pursuing the School Counseling Specialization who do not have teacher licensure must take SPIE 3150 Meeting the Needs of Diverse Learners in Classrooms to meet Board of Educational Examiners requirements for licensure. A minimum of 20 hours of 6000-level course work is required.*

All students completing this program must pass the Counselor Preparation Comprehensive Examination (CPCE). Pass scores on the CPCE national examination are based each semester on test results for the national normative data. This examination is based on the 8 CACREP core curriculum areas for counselor preparation. Students must successfully complete their practicum and internship hours requirements and fulfill program-specific exit requirements as well.

Required core courses

Counseling:		
COUN 4105/5105	Counseling Skills	3
COUN 6103	Professional Orientation and Ethics in Counseling	3
COUN 6104	Counseling Theories	3
COUN 6220	Group Counseling Skills and Processes	3
COUN 6228	Assessment Techniques in Counseling	3
COUN 6256	Multicultural Counseling	3
COUN 6262	Intervention and Prevention in Lifespan Development	3
COUN 6304	Crisis and Trauma Intervention and Management	3

COUN 6225	Facilitating Career Development	3
COUN 6207	Diagnosis and Psychopharmacology in Counseling	3
COUN 6242	Counseling Research and Program Evaluations	3
COUN 6290	Practicum in Counseling	3

One of the following specializations:

Total Hours		36
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Clinical Mental Health Counseling Specialization (24-27 hours):

Required emphasis hours:

Counseling:		
COUN 6805	Integrated Counseling Practice and Clinical Supervision	3
COUN 6405	Advanced Psychopathology and Treatment	3
COUN 6605	Counseling Practices for Addictions and Co-Occurring Disorders	3
COUN 6291	Internship	6

Select one of the following Focus Areas:

Clinical Mental Health - General Focus		
Select three of the following: 9		
COUN 6254	Counseling Children and Adolescents	
COUN 6283	Counseling Older Adults	
COUN 6503	Wellness, Self-Care, and Brain-Based Strategies	
COUN 6505	Dynamics of Family, Couples and Human Sexuality in Counseling	

Clinical Mental Health - Gerontological Counseling Focus

COUN 6283	Counseling Older Adults	3
Select one of the following: 3		
COUN 6505	Dynamics of Family, Couples and Human Sexuality in Counseling	
COUN 6503	Wellness, Self-Care, and Brain-Based Strategies	
Select two of the following: 6		
FAM SERV 3111/5111	Families and End of Life Issues	
FAM SERV 3161/5161	Families, Alzheimer's, and Related Dementias	
FAM SERV 3150/5150	Families, Aging, and Wellbeing	
PSYCH 3204/5204	Psychology of Aging	
SOC 3035/5035	Social Gerontology	

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Clinical Mental Health - Children and Adolescents Focus

COUN 6210	Developing Comprehensive School Counseling Programs	3
COUN 6254	Counseling Children and Adolescents	3
COUN 6710	Foundations and Contemporary Issues in School Counseling	3
COUN 6720	Leadership, Consultation, and Collaboration in School Counseling	3

Total hours for Counseling: Clinical Mental Health Counseling Specialization (CACREP required 60 credits) **60-63**

Dual Clinical Mental Health and School Counseling Specialization (33 hours):

Required:

COUN 6805	Integrated Counseling Practice and Clinical Supervision	3
COUN 6405	Advanced Psychopathology and Treatment	3
COUN 6605	Counseling Practices for Addictions and Co-Occurring Disorders	3
COUN 6291	Internship (Clinical Mental Health Counseling)	6
COUN 6254	Counseling Children and Adolescents	3
COUN 6210	Developing Comprehensive School Counseling Programs	3
COUN 6720	Leadership, Consultation, and Collaboration in School Counseling	3
COUN 6710	Foundations and Contemporary Issues in School Counseling	3
COUN 6291	Internship (School Counseling)	6

Total hours for Counseling: Clinical Mental Health and School Counseling Dual Specialization (CACREP required 60 credits) **69**

Learning Outcomes

Counseling, M.A.

- Demonstrate personal, interpersonal/relational, and professional self-awareness; adaptability; resilience; and the capacity to recognize, respect, and establish limits through engaging in reflective practice.
- Recognize the impact of social, cultural, and environmental factors on individual and systematic functioning, development, and well-being.
- Demonstrate creativity and flexibility in implementing developmentally responsive and culturally sustaining and responsive interventions.

- Engage in informed current practice through gathering, evaluating, and integrating relevant and timely data, research, and theory-based knowledge and skills.
- Apply strengths-based and wellness-oriented approaches to foster the attainment of educational, career, and mental health goals.

Related Programs

- Clinical Mental Health Counseling Advanced Studies Certificate