

Kinesiology and Sport Performance M.A.

Kinesiology and Sport Performance Major

This program is designed for those who wish to concentrate their study in the fields of coaching, sport performance, strength and conditioning, and corporate fitness.

Students interested in this program must submit a completed Application for Admission to Graduate Study and should refer to their MyUNiverse Student Center To-Do list or contact the the Department of Kinesiology for other application requirements. Graduate information and application for graduate admission can be found at <https://admissions.uni.edu/application>.

The Graduate Record Examination (General Test) **is not** required for admission to the program.

Only graduate courses (course numbers 5000 or above) will apply to a graduate degree, even if the undergraduate course number (4999 or less) is listed. No exceptions will be made.

This major is available on the **thesis** and **non-thesis** options. A thesis/ research paper defense is required. No comprehensive examination is required. Students selecting the thesis option will take 6 hours of research credits, and students selecting the non-thesis option will take 3 hours of research credits. Both options will take 9 hours of practicum credits. This major requires a **minimum of 36 semester hours for the non-thesis option and 39 hours for the thesis option.**

Required:

KINES 6222	Sport Psychology	3
KINES 6223	Advanced Strength and Conditioning	3
KINES 6251	Applied Analysis of Human Movement	3
KINES 6253	Advanced Exercise Physiology and Assessment	3
KINES 6289	Seminar in Kinesiology (take two times on different topics for a minimum of 6 hours)	6
KINES 6290	Research Methods and Statistical Analyses	3
KINES 6297	Practicum	9
AT 5270	Advanced Therapeutic Interventions I	3
Research:		3-6
KINES 6299	Research	
Non-thesis option (3 hours)		
Thesis option (6 hours)		
Total hours non-thesis option		36
Total hours thesis option		39

Learning Outcomes

Kinesiology and Sport Performance, M.A.

- **Outcome 1 - Program content Knowledge and Skills:** Students can apply best practice knowledge to profession specific contexts in the field of Exercise Science.
- **Outcome 2 - Critical Thinking:** Students can conduct research, integrate information from a variety of scientific sources and critically draw relevant conclusions in the culminating research project.
- **Outcome 3 - Communication:** Students can demonstrate competence in oral and written communication, as appropriate for Exercise Science.

Related Programs

- Kinesiology B.A.
- Leadership in Physical Education M.A.