

Mental Health Minor

Mental Health Minor

The mental health field is quite interdisciplinary, served by a number of different professionals, and mental health issues arise across an array of settings. The Mental Health Minor serves the following purposes: 1) fosters interdisciplinary exposure to mental health issues, 2) provides broad preparation for those who may directly or peripherally work with mental health issues, and 3) presents different approaches to conceptualization and intervention of mental health issues.

For completion of the Mental Health Minor, the student must pass (C- or higher) 2 required courses and 4 elective courses for a total of 18 hours.

Required:

PSYCH 1001	Introduction to Psychology	3
FAM SERV 1020	Family Relationships	3
Electives: ***		12
COUN 4100	Introduction to Professional Counseling	
CRIM 3228	Mental Health and the Criminal Justice System	
CRIM 4216	Correctional Treatment: Theory and Practice	
EDPSYCH 4118/5111	Mental Health and Well-Being in the Classroom	
FAM SERV 3145/5145	Violence in Intimate Relationships	
FAM SERV 3160/5160	Prevention and Early Intervention Skills **	
FAM SERV 3161/5161	Families, Alzheimer's, and Related Dementias	
FAM SERV 3162/5162	Family Policy and Advocacy	
PH 2620	Stress and Coping	
PSYCH 2401	Clinical Psychology	
PSYCH 2403	The Science and Experience of Human Flourishing	
PSYCH 3403/5403	Abnormal Psychology	
PSYCH 3603/5603	Child and Adolescent Psychopathology *	
SOC 3086/5086	Medical Sociology	
SOC 3087/5087	Society and Mental Illness	
SOC 4016/5016	Violence & Health Across the Life Course	
SOC 4017/5017	Health Disparities in Social Context	
SW 1001	Introduction to Social Work and Social Services	
SW 3143	Self-Care and Stress Management in Helping Professions	
SW 4171/5171	Addictions Treatment	

SW 3175 Child Welfare Policy and Practice

Total Hours **18**

- * Similar child development courses could be substituted for PSYCH 3603/5603 prerequisite with consent of the instructor.
- **Prerequisites for FAM SERV 3160/5160 may be waived with consent of instructor.
- ***Approved and relevant mental health placements in PSYCH 3179 Cooperative Education may be accepted as an elective in the minor. Students should file an Academic Student Request form, available on the Registrar's site.

Policies

PSYCH 1001 Introduction to Psychology is a prerequisite for most other psychology courses, and must be taken by all psychology majors and minors. It also counts as a UNIFI/General Education requirement.

Only courses with an earned grade of at least a C- will count toward major, minors, and program certificates.

It is possible for psychology majors to graduate with departmental honors provided they have an overall GPA of at least 3.00, a psychology GPA of at least 3.50, and complete a research project deemed worthy of honors by the department. Generally such a project is done in the context of 3 hours of PSYCH 4705/5705 Research Experience in Psychology.

Related Programs

- Psychology B.A.
- Sociology B.A.