

Physical Education - Teaching B.A.

Physical Education - Teaching Major

The B.A. Physical Education - Teaching major requires a minimum of 120 total hours to graduate. This total includes UNIFI/General Education requirements, the Professional Experiences requirements, Educator Essentials requirements, and the following specified major requirements, to complete the minimum of 120 hours.

Completion of this program qualifies the student to be recommended for endorsements for Physical Education K-8 and Physical Education 5-12.

Current certifications in First Aid & Community CPR are required for assignment to student teach.

Disciplinary Knowledge Core:

KINES 2019	First Aid and CPR for Physical Educators	1
KINES 2050	Anatomy and Physiology of Human Movement	3
KINES 2053	Physical Activity and Nutrition	3
KINES 2056	Motor Learning and Development	3
KINES 3151	Biomechanics	3
KINES 3153	Exercise Physiology	3
Pedagogical Content:		
KINES 2015	Positive Learning Environment in Physical Activities *	3
KINES 2016	Positive Learning Environment for Physical Fitness	3
KINES 3174	Assessment Processes in Physical Education *	3
KINES 4152	Adapted Physical Education	3
Total Hours		28

* Physical Education majors will count KINES 2015 for category 4 in Educator Essentials and KINES 3174 for category 5.

Professional Experiences

Required:

EDUC 2346	Teaching Methods I: Elementary Methods and Movement Activities in Physical Education *	3
EDUC 2446	Teaching Internship I: Elementary Physical Education	3
EDUC 3546/5546	Teaching Methods II: Secondary Methods and Curriculum in Physical Education *	3
EDUC 3646/5646	Teaching Internship II: Secondary Physical Education	3

EDUC 4140	Special Area Teaching: Art, ESL, Music, and Physical Education	12
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Total Hours **24**

* A grade of C (2.00) or higher is required for all Methods courses.

Educator Essentials

Required: *

Select one of the following in each category:

Category 1: The Learner **3**

EDPSYCH 1500	Reflections on Learning
EDPSYCH 2068	Development and Learning in Sociocultural Contexts
EDPSYCH 2100	Creativity and Higher Order Thinking in the Classroom
SOCFOUND 2243	Rethinking the Learning Society: Education and Its Future(s)

Category 2: Social Contexts of Learning **3**

SOCFOUND 2119	Social & Cultural Foundations of Education
SOCFOUND 2134	A Modern History of Education in the United States
SOCFOUND 2334	Education Policy and Politics of Education
TESOL 2015	Language Today

Category 3: Education for All **3**

KINES 4152	Adapted Physical Education
SOCFOUND 3334	Education, Power, and Change
SOCFOUND 3434	Social Movements and Education
SPIE 3140	Interdisciplinary and Intersectional Study of Education for All
SPIE 3150	Meeting the Needs of Diverse Learners in Classrooms
TESOL 3710	Content Area Strategies for English Language Learners

Category 4: The Classroom Environment **3**

EDPSYCH 3200	Deeper Motivation and the Highly Engaged Classroom
EDPSYCH 3300	Level Up: Gamified Learning Environments
ECIE 4151	Early Childhood Curriculum Development and Organization
RTNL 3360	Playful Learning and Project-Based Experiences: Techniques for Ed and Recreational Environments
SOCFOUND 3219	Critical Perspectives on Technology and Education

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Category 5: Effective Pedagogy 3

ARTED 4600	Expressive Learning Assessment	
LRNTECH 3600	Technology, Pedagogy, and Learning in the Digital Age	
MEASRES 3510	Assessment for Learning	
TEACHING 3500	Effective Teaching through Differentiation, Technology and Assessment	

Category 6: The Professional Educator 3

ECIE 3149	Child, Family, School and Community Relationships	
SOCFOUND 3519	Teacher Leadership & Educational Change	
TEACHING 3177	Collaborative Partnerships for Educators	

Total Hours 18

* A grade of C (2.00) or higher is required in each Educator Essentials course.

Four-Year Plan

Physical Education Teaching, B.A.

This is a sample plan of study with a suggested sequencing of classes for the major. University electives may be applied to earn additional academic majors, minors, or certificates. Students should regularly meet with their academic advisor to plan their specific semester schedule to include UNIFI/General Education program and/or university elective hours required.

Course	Title	Hour
Freshman		
Fall		
KINES 2015	Positive Learning Environment in Physical Activities	3
UNIFI/General Education or University Electives		12
Hours		15
Spring		
KINES 2016	Positive Learning Environment for Physical Fitness	3
KINES 2053	Physical Activity and Nutrition	3
KINES 2050	Anatomy and Physiology of Human Movement	3
Educator Essentials Course		3
UNIFI/General Education or University Electives		4
Hours		16
Sophomore		
Fall		
KINES 2019	First Aid and CPR for Physical Educators	1
Educator Essentials Course		3
UNIFI/General Education or University Electives		13
Hours		17
Spring		
KINES 2056	Motor Learning and Development	3
KINES 3153	Exercise Physiology	3

KINES 4152	Adapted Physical Education	3
UNIFI/General Education or University Electives		6
Hours		15

Junior

Fall		
KINES 3151	Biomechanics	3
KINES 3174	Assessment Processes in Physical Education	3
UNIFI/General Education or University Electives		9
Hours		15

Spring

EDUC 2346	Teaching Methods I: Elementary Methods and Movement Activities in Physical Education	3
EDUC 2446	Teaching Internship I: Elementary Physical Education	3
UNIFI/General Education or University Electives		9
Hours		15

Senior

Fall		
EDUC 3546/5546	Teaching Methods II: Secondary Methods and Curriculum in Physical Education	3
EDUC 3646/5646	Teaching Internship II: Secondary Physical Education	3
Educator Essentials Course		3
UNIFI/General Education or University Electives		6
Hours		15
Spring		
EDUC 4140	Special Area Teaching: Art, ESL, Music, and Physical Education	12
Hours		12
Total Hours		120

* * Must receive a 'C' or higher in EDUC 2346 and EDUC 3546/5546.

*** Must have a 2.5 cumulative GPA to student teach and graduate.

Learning Outcomes

Physical Education Teaching, B.A.

- **Outcome 1:** Critical Thinking: Students will demonstrate critical thinking through the ability to evaluate, analyze, and integrate information from a variety of sources in order to develop reasoned positions and solutions to problems.
- **Outcome 2:** Communication: Students will display competence in oral communication during physical education teaching experiences.
- **Outcome 3:** Content Knowledge: Students will demonstrate discipline-specific knowledge and skills in their major fields of study.

Related Programs

- Kinesiology B.A.
- School Health Education - Teaching Minor