

# Public Health B.A.

## Public Health Major

The B.A. Public Health major requires a minimum of 120 total hours to graduate. This total includes UNIFI/General Education requirements and the following specified major requirements, plus electives to complete the minimum of 120 hours.

Public Health specialists seek to improve the health of the general public through education, behavior change and improvement of the environment. Students in the program develop the skills to plan, implement and evaluate programs in a variety of settings, which may include health departments, corporate wellness sites, hospitals/clinics, fitness facilities, nonprofit organizations, international relief organizations, care facilities, colleges/universities, and private industry.

The curriculum is tailored to meet national competencies in public health. Students will take classes in planning, implementing, and evaluating public health programs in addition to environmental health science, epidemiology (how diseases are spread), and how to address factors that impact community health and wellbeing (such as tobacco/alcohol/substance abuse, lack of physical activity, poor nutrition, injuries, and high levels of stress).

All students are encouraged to meet with their faculty advisor to discuss their career goals and aspirations and possible certificate options to gain expertise in specific public health areas.

### Required Core: 33 credits

PH 1101	Introduction to Public Health	3
PH 2100	Behavior Change for Health Promotion	3
PH 2130	Epidemiology of Human Diseases	3
PH 3140/5140	Planning and Evaluating Public Health Programs	3
PH 3150/5150	Implementing Public Health Programs	3
PH 3170	Public Health Career Readiness Seminar	3
or HRCS 4000	Professional Readiness Seminar	
PH 3310/5310	Health Policy and Advocacy	3
PH 3710	Environmental Health Science	3
PH 4170	Internship Portfolio	3
PH 4180	Internship	6

### Electives: Choose 9 credits from the following: 9

NUR 2510	Pharmacotherapeutics in Nursing Practice	
NUR 2575	Research and Evidence-Based Practice	
NUR 3000	Health Assessment and Health Promotion Across the Lifespan	
PH 1000	Public Health Practicum	
PH 1410	Basic Nutrition	

PH 2420	Nutrition for Health Promotion*
PH 2520	Maternal and Infant Health
PH 2530	Introduction to Women's Health
PH 2540	Selected Topics in Women's Health
PH 2620	Stress and Coping
PH 2630	Aging and Health
PH 3320/5320	Global Service Mission
PH 3330	Health of Vulnerable Populations
PH 3340	International Health
PH 3640	Worksite Health Promotion
PH 3650	Complementary, Alternative, and Integrative Health
PH 3670	Health Care and the Consumer
PH 3730	Toxins and Health
PSYCH 2202	Developmental Psychology
or FAM SERV 105	Lifespan Development
PSYCH 3303/5303	Health Psychology
<b>Total Hours</b>	<b>42</b>

\* PH 2420 has a prerequisite of PH 1410.

## Four-Year Plan

### Public Health, B.A.

This is a sample plan of study with a suggested sequencing of classes for the major. University electives may be applied to earn additional academic majors, minors, or certificates. Students should regularly meet with their academic advisor to plan their specific semester schedule to include UNIFI/General Education program and/or university elective hours required.

Course	Title	Hour
<b>Freshman</b>		
<b>Fall</b>		
PH 1101	Introduction to Public Health	3
UNIFI/General Education or University Electives		12
		<b>Hours</b>
		<b>15</b>
<b>Spring</b>		
Public Health Major Elective		3
UNIFI/General Education or University Electives		12
		<b>Hours</b>
		<b>15</b>
<b>Sophomore</b>		
<b>Fall</b>		
PH 2130	Epidemiology of Human Diseases	3
UNIFI/General Education or University Electives		12
		<b>Hours</b>
		<b>15</b>
<b>Spring</b>		
PH 2100	Behavior Change for Health Promotion	3

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UNIFI/General Education or University Electives		15
<b>Hours</b>		<b>18</b>
<b>Junior</b>		
<b>Fall</b>		
PH 3710	Environmental Health Science	3
PH 3310/5310	Health Policy and Advocacy	3
UNIFI/General Education or University Electives		9
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
PH 3140/5140	Planning and Evaluating Public Health Programs	3
Public Health Major Electives		6
UNIFI/General Education or University Electives		6
<b>Hours</b>		<b>15</b>
<b>Senior</b>		
<b>Fall</b>		
PH 3170	Public Health Career Readiness Seminar	3
PH 3150/5150	Implementing Public Health Programs	3
Public Health Major Elective		3
UNIFI/General Education or University Electives		6
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
PH 4170	Internship Portfolio	3
PH 4180	Internship	6
UNIFI/General Education or University Electives		3
<b>Hours</b>		<b>12</b>
<b>Total Hours</b>		<b>120</b>

## Learning Outcomes

### Public Health, B.A.

- **Communication:** Demonstrate the ability to identify, prioritize, and deliver evidence-based public health messages through written and oral formats for both public and professional audiences.
- **Critical Thinking:** Demonstrate the ability to engage in critical thinking via systems thinking in a community and/or environmental context.
- **Program Specific Application:** Demonstrate and apply health knowledge/skills and professional demeanor and behavior in settings consistent with career goals.
- **Population Specific Application:** Apply understanding of public health to develop community and environmental health programming for a variety of populations.

## Related Programs

- Nursing B.S.N.
- Spanish and Community Health Minor