

# School Health Education - Teaching Minor

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Current First Aid and CPR certification is required of all minors prior to student teaching.

Completion of the Health Education Minor qualifies the student to be recommended for endorsement 137 K-8 Health and endorsement 138 5-12 Health. This minor is available to teaching majors only.

Required:

FAM SERV 1057	Human Relationships and Sexuality	3
PH 1101	Introduction to Public Health	3
PH 2620	Stress and Coping	3
or EDPSYCH 4118/5	Mental Health and Well-Being in the Classroom	
KAHHS 1020	Dimensions of Wellbeing Lecture	1-3
or KAHHS 1030	Dimensions of Wellbeing Lab	
or PH 3670	Health Care and the Consumer	
KINES 2053	Physical Activity and Nutrition	3
or PH 1410	Basic Nutrition	
KINES 3230	Drug Prevention Education for School Health Educators	3

Teaching Methods:

KINES 3245	Health Education Methods and Curriculum	3
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Electives: 5-7

EDPSYCH 2030	Dynamics of Human Development	
FAM SERV 1010	Human Identity and Relationships	
KINES 2019	First Aid and CPR for Physical Educators	
KINES 2050	Anatomy and Physiology of Human Movement	
KINES 3151	Biomechanics	
KINES 3153	Exercise Physiology	
KINES 4152	Adapted Physical Education	

**Total Hours** **24-28**

## Related Programs

- Physical Education - Teaching B.A.