

Tactical Strength and Conditioning Certificate

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This certificate provides specific information for students interested in leading conditioning sessions for tactical personnel such as those in military, law enforcement, and fire and rescue teams. To complete this certificate, a student must first declare the Strength and Conditioning Minor.

KINES 3203	Tactical Strength and Conditioning Programming	3
MIL SCI 1091	Introduction to the Army and Critical Thinking	1
MIL SCI 1092	Introduction to the Profession of Arms	1
MIL SCI 3189	Leadership Lecture	1
Total Hours		6

Related Programs

- Kinesiology B.A.
- Physical Education - Teaching B.A.