# Movement and Exercise Science: Sport Psychology, B.A.

## Freshman

### Fall
- Liberal Arts Core: 12
- ENGLISH 1005 (620:005): College Writing and Research: 3
- Hours: 15

### Spring
- Liberal Arts Core: 9
- University Elective: 3
- PSYCH 1001 (400:001): Introduction to Psychology: 3
- Hours: 15

## Sophomore

### Fall
- University Electives: 3
- Liberal Arts Core: 6
- PEMES 2050 (420:050): Anatomy and Physiology of Human Movement: 3
- PEMES 2056 (420:056): Introduction to Motor Behavior: 3
- PEMES 3193 (420:193): Research Experiences: 1
- Hours: 16

### Spring
- Liberal Arts Core: 7
- AT 1018 (42T:018): Prevention and Care of Athletic Injuries: 2
- AT 1019 (42T:019): Prevention and Care Laboratory: 1
- PEMES 2053 (420:053): Physical Activity and Nutrition for Health and Fitness: 3
- PEMES 3193 (420:193): Research Experiences: 1
- Hours: 16

## Junior

### Fall
- Liberal Arts Core: 2
- PEMES 3193 Research Experience: Sport Psychology: 1
- University Electives: 3
- PEMES 3153 (420:153): Physiology of Exercise: 3
- PEMES 3122 (420:122): Psycho-Social Aspects of Competitive Sport: 2
- PEMES 3163: Career and Professional Development: 2
- Major Electives (6 hrs. required for graduation): 2
- Hours: 15

### Spring
- PEMES 3193 Research Experience: Sport Psychology: 1
- Major Electives (6 hrs. required for graduation): 2
- University Electives: 9
- PEMES 3151 (420:151): Introductory Biomechanics: 3
- Hours: 15

## Senior

### Fall
- Major Electives (6 hrs. required for graduation): 2

* 2.5 major GPA requirement.